



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 10. Juni 2018



Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	370	Mareen Hufe		TW40	1	0:29:16 (2)	1:38	2:18:10 (1)	1:17	1:20:19 (1)	4:10:40
2	329	Hannah Arlom	LG Emsdetten Tri-Team	TW30	1	0:28:27 (1)	1:38	2:24:19 (2)	0:59	1:24:11 (2)	4:19:33
3	441	Andrea Osterkamp	Dülkener SV	TW40	2	0:30:22 (3)	2:03	2:32:59 (3)	1:07	1:37:06 (6)	4:43:35
4	474	Marian van Hilst	triathliem	TW45	1	0:37:05 (9)	2:34	2:39:23 (4)	1:52	1:35:46 (4)	4:56:40
5	494	Kerstin Althoff	SSK Kerpen	TW45	2	0:34:45 (7)	2:12	2:43:35 (8)	1:10	1:37:53 (7)	4:59:35
6	434	Miriam Herzhoff		TW25	1	0:34:27 (6)	1:58	2:39:43 (5)	1:28	1:44:50 (11)	5:02:26
7	544	Mieke Prins	TTVW hof van twente	TW25	2	0:32:06 (5)	1:29	2:40:01 (6)	2:26	1:48:39 (16)	5:04:41
8	347	Gudrun Kaß	SG Borken	TW50	1	0:37:39 (11)	3:15	2:49:28 (13)	2:31	1:35:02 (3)	5:07:55
9	418	esther exterkate		TW30	2	0:38:10 (12)	2:27	2:41:24 (7)	3:18	1:45:55 (13)	5:11:13
10	348	Sabine Casimir	AS Neukirchen-Vluyn	TW50	2	0:41:37 (19)	2:48	2:45:01 (9)	1:46	1:41:19 (9)	5:12:31
11	558	melanie Dincklage	Triminators TV Voerde	TW45	3	()		()		1:43:44 (10)	5:14:59
12	468	Lonie Sonnemans		TW50	3	0:38:36 (13)	3:03	2:45:56 (10)	1:53	1:49:08 (17)	5:18:36
13	399	Desiree Elting	Bocholter WSV	TW25	3	0:31:10 (4)	1:22	2:48:52 (12)	0:41	1:58:26 (22)	5:20:30
14	417	Conny Ziegler	DJK SG St. Ingbert	TW55	1	0:35:47 (8)	2:58	2:57:11 (17)	2:39	1:45:52 (12)	5:24:27
15	376	Dörte Kaiser	Team-Essen99	TW45	4	0:44:56 (27)	2:56	2:48:46 (11)	5:15	1:46:05 (14)	5:27:58
16	341	Lisa Rosemeier	Tri-Geckos Dortmund e. V	TW25	4	0:37:29 (10)	2:28	3:12:42 (22)	1:49	1:36:31 (5)	5:31:00
17	429	Lisa Steinke	Hartmann Tri Team TVG Kaiserau	TW30	3	0:39:42 (15)		()		1:56:48 (20)	5:35:20
18	398	Johannette Loose	Triathlon Team Hagen e.V.	TW45	5	0:44:42 (26)	5:12	2:54:21 (16)	2:29	1:54:07 (19)	5:40:51
19	469	Talitha Lange	OTV Endurance Team	TW25	5	0:43:57 (24)	2:14	3:15:48 (25)	1:02	1:39:55 (8)	5:42:56
20	519	Heike Lipa	BTC Herne	TW45	6	0:43:32 (22)	3:15	3:03:22 (19)	2:05	1:52:02 (18)	5:44:15
21	522	Regina Henseler	AS Neukirchen-Vluyn	TW50	4	0:42:36 (20)	2:53	2:52:53 (15)	1:28	2:04:33 (27)	5:44:23
22	307	Inga Kauffmann	LT Starlight Team	TW45	7	0:39:30 (14)	3:43	3:15:31 (23)	1:45	1:46:14 (15)	5:46:43
23	414	Petra Kreisel	SC Bayer 05 Uerdingen	TW45	8	0:40:06 (17)	3:06	3:04:42 (20)	1:40	1:57:29 (21)	5:47:03
24	326	Ariane Schmidt	Hartman Triathlon- Team TvG Kaiserau	TW30	4	0:43:33 (23)	2:47	2:57:36 (18)	1:35	2:04:31 (26)	5:50:02
25	467	Monika Horn		TW45	9	0:43:06 (21)	3:32	2:51:28 (14)	2:30	2:13:49 (30)	5:54:25
26	312	Michaela Stops	TV Witzhelden	TW50	5	0:44:37 (25)	5:11	3:17:28 (28)	2:22	1:59:06 (23)	6:08:44
27	545	Petra Kaiser	TV Jahn Hiesfeld	TW55	2	0:46:22 (29)	4:09	3:16:49 (27)	1:53	2:00:50 (25)	6:10:02



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28	327	Doro Nolden		TW40	3	0:53:13 (31)	4:19	3:15:39 (24)	2:06	1:59:40 (24)	6:14:57
29	333	Sabrina Müller	M. Gladbacher TV 1848 e.V.	TW30	5	0:39:50 (16)	3:25	3:18:04 (29)	2:46	2:18:39 (31)	6:22:44
30	495	sabine specht		TW50	6	0:55:13 (32)	6:43	3:11:35 (21)	2:16	2:12:16 (28)	6:28:03
31	559	ELVIRA SUCK	TV LANGENBERG	TW55	3	0:52:34 (30)	3:41	3:19:08 (30)	1:16	2:13:32 (29)	6:30:11
32	549	Hannelore Ruhrmann	Essen	TW55	4	0:45:16 (28)	3:04	3:19:22 (31)	1:22	2:25:40 (32)	6:34:44
33	547	Verena Mette	Triathlon Team TG Witten	TW25	6	0:41:29 (18)	3:59	3:16:14 (26)	5:07	2:39:41 (33)	6:46:30

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	585	Patrick Dirksmeier		TM30	1	0:25:19 (1)	1:26	2:02:29 (3)	0:55	1:07:33 (1)	3:37:43
2	304	Ruben Zepuntke		TM25	1	0:27:57 (4)	1:36	2:02:13 (2)	0:52	1:16:12 (4)	3:48:50
3	507	Timo Schaffeld	OTV Endurance Team	TM20	1	0:28:09 (5)	1:13	2:14:10 (6)	0:38	1:09:20 (2)	3:53:30
4	430	Sascha Hubbert	Triathlon Team Rheinberg	TM25	2	0:33:19 (44)	1:40	2:03:57 (4)	1:05	1:17:21 (5)	3:57:20
5	362	Sven Gerhards	Dülkener SV 06/Tri-Team Nettetal	TM30	2	0:27:32 (2)	1:34	2:12:33 (5)	0:53	1:19:09 (11)	4:01:41
6	363	Dirk Schnöring	Kölner Triathlon Team 01	TM35	1	0:32:11 (30)	2:07	2:15:17 (7)	1:02	1:15:11 (3)	4:05:48
7	536	Clemens Küppers	Tri-Team Nettetal	TM35	2	0:31:12 (20)	2:21	2:18:11 (10)	0:56	1:18:30 (8)	4:11:10
8	528	Kai Hesterwerth	gebioMized W+F Münster	TM25	3	0:27:34 (3)	1:22	2:20:42 (18)	0:54	1:20:52 (13)	4:11:23
9	339	Patrick Hoffmann	W+F Münster	TM35	3	0:33:21 (46)	1:36	2:17:45 (8)	1:08	1:17:50 (6)	4:11:40
10	571	Kevin Schmelzer	Triathlon Team Rheinberg	TM25	4	0:32:21 (36)	1:40	2:19:01 (15)	1:20	1:18:53 (9)	4:13:14
11	486	Bastian Siemes	Tri-Team-Nettetal	TM30	3	0:31:42 (25)	1:51	2:18:29 (13)	0:57	1:20:31 (12)	4:13:30
12	311	Sebastian Peine	tve greven triathlon	TM25	5	0:31:14 (22)	1:51	2:18:14 (12)	1:16	1:23:55 (19)	4:16:29
13	334	Sascha Harbecke	Fortuna Düsseldorf Triathlon	TM35	4	0:29:21 (8)	1:34	2:23:29 (27)	0:51	1:22:03 (15)	4:17:17
14	353	Steffen Beaury	SC Bayer 05 Uerdingen	TM30	4	0:30:28 (14)	1:35	2:19:41 (17)	0:57	1:26:07 (23)	4:18:48
15	548	Johannes Brünink	TVE Greven Triathlon	TM45	1	0:32:11 (31)	1:48	2:17:49 (9)	1:26	1:26:44 (24)	4:19:58
16	539	Thomas Boenke	TriFUN Kleve e.V.	TM35	5	0:30:26 (13)	1:35	2:19:23 (16)	0:42	1:29:32 (38)	4:21:38
17	490	Sven Storm	Trimimators TV Voerde	TM35	6	0:31:54 (27)	2:09	2:18:49 (14)	1:44	1:28:13 (29)	4:22:49
18	462	Andre Winkelhorst	TV-Westfalia 07 Epe	TM40	1	0:35:43 (88)	1:56	2:28:01 (53)	0:59	1:18:00 (7)	4:24:40



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19	478	Marcel Mandel	SC Bayer 05 Uerdingen	TM40	2	0:32:28 (37)	1:38	2:21:06 (19)	1:03	1:29:23 (35)	4:25:37
20	316	Frank Holzmann	TriSpeed Herscheid e.V.	TM45	2	0:31:02 (16)	1:59	2:32:45 (91)	1:12	1:19:01 (10)	4:25:59
21	395	Tom Driessen	Trios	TM35	7	0:35:11 (76)	2:12	2:22:21 (22)	1:32	1:25:28 (21)	4:26:43
22	504	Marco Dijk van	Triathliem	TM50	1	0:32:08 (29)	1:50	2:18:13 (11)	1:16	1:33:21 (59)	4:26:49
23	493	Merlin Gajewski	SC Bayer 05 Uerdingen	TM30	5	0:31:05 (17)	1:29	2:23:18 (26)	1:19	1:29:51 (41)	4:27:02
24	479	Michael Tempesta	AS Neukirchen-Vluyn	TM35	8	0:31:11 (19)	1:59	2:22:45 (25)	1:00	1:31:30 (48)	4:28:25
25	382	Peter Bakker		TM50	2	0:35:33 (83)	1:36	2:26:44 (41)	1:21	1:23:32 (18)	4:28:45
26	496	Johannes Hoffmann	Triathlon Waldfeucht	TM45	3	0:31:09 (18)	2:33	2:27:33 (48)	1:29	1:26:07 (22)	4:28:51
27	556	Christoph Heinle	PSKarlsruhe Triathlon	TM30	6	0:32:19 (35)	2:23	2:25:18 (36)	1:07	1:28:03 (28)	4:29:09
28	437	Stephan Somberg	TuS Xanten Triathlon	TM30	7	0:32:32 (39)	2:50	2:27:16 (47)	1:00	1:27:00 (25)	4:30:39
29	463	Marvin Müller	WSV Schermbeck	TM25	6	0:36:33 (105)	3:17	2:22:29 (23)	1:46	1:27:41 (26)	4:31:47
30	541	Daniel Franze	TSV Bocholt	TM40	3	0:32:28 (38)	2:04	2:26:56 (43)	1:23	1:29:03 (34)	4:31:56
31	413	Wim van Hilst	triathliem	TM55	1	0:31:44 (26)	2:01	2:27:53 (51)	2:14	1:28:28 (30)	4:32:19
32	524	Maik Baltés	tri.Si (Triathlon Siegen e.V.)	TM40	4	0:35:37 (85)	2:10	2:31:26 (79)	1:14	1:22:32 (16)	4:32:58
33	306	Bastian Mosters	Triathlon Team Rheinberg	TM30	8	0:30:25 (12)	1:48	2:22:30 (24)	1:17	1:37:13 (79)	4:33:13
34	497	Christian Silkenbeumer	BSG Berufsfeuerwehr Münster	TM30	9	0:37:52 (118)	2:48	2:27:10 (44)	1:14	1:24:44 (20)	4:33:48
35	356	Frank Blomen	Hamminkelter SV	TM40	5	0:37:53 (119)	2:47	2:21:45 (20)	1:45	1:29:43 (39)	4:33:52
36	365	Martin Willems		TM30	10	0:32:14 (32)	2:03	2:28:37 (54)	1:11	1:30:09 (43)	4:34:14
37	415	Tim Fröhling	Iserlohner TriTeam	TM35	9	0:33:42 (53)	3:08	2:27:58 (52)	1:09	1:28:42 (31)	4:34:37
38	380	Christoph Knebel	SV 19 Straelen	TM40	6	0:35:38 (86)	2:18	2:24:56 (34)	1:16	1:30:36 (45)	4:34:44
39	336	Thomas Seebothe	1. Tri-Club Paderborn	TM30	11	0:33:03 (43)	2:40	2:30:07 (61)	1:06	1:27:49 (27)	4:34:45
40	482	Dominik Büning	Tri Team Steinfurt	TM30	12	0:35:03 (73)	2:12	2:27:13 (45)	0:59	1:29:57 (42)	4:35:23
41	511	Carsten Stegemann		TM35	10	0:37:06 (113)	2:18	2:25:08 (35)	1:59	1:28:53 (32)	4:35:24
42	390	Marco Jotzo	Bocholter WSV	TM40	7	0:31:20 (24)	3:29	()		1:41:27 (103)	4:35:25
43	470	Christof Lange	Team Essen 99	TM45	4	0:38:43 (129)	2:40	2:30:05 (59)	0:59	1:23:16 (17)	4:35:43
44	517	Christoph Lörcks	TV Goch	TM50	3	0:33:40 (51)	1:44	2:27:34 (49)	1:15	1:31:33 (50)	4:35:46
45	416	Nourreddine Semghoun	Triathlon Team Rheinberg	TM35	11	0:30:36 (15)	2:08	2:30:22 (67)	1:41	1:31:57 (52)	4:36:44
46	531	Martin Weissner	W+F Münster	TM40	8	0:33:19 (45)	1:55	2:31:05 (76)	1:40	1:29:28 (36)	4:37:27



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47	361	Philipp Nebe	Freie Schwimmer Düsseldorf	TM30	13	0:28:32 (6)	1:35	2:32:32 (89)	1:20	1:33:30 (61)	4:37:29
48	331	Robert Kempf	SV Gladbeck 13	TM45	5	0:35:52 (92)	2:06	2:27:40 (50)	0:51	1:32:19 (54)	4:38:48
49	546	Frank Cürlis	FPC die Cürlisse	TM50	4	0:28:41 (7)	2:43	2:30:16 (64)	1:34	1:35:54 (73)	4:39:07
50	317	Dominik Lammers	W+F Münster	TM30	14	0:35:46 (89)	2:05	2:24:35 (32)	1:25	1:36:23 (76)	4:40:15
51	491	Stan Jansen	Triathliem	TM25	7	0:35:35 (84)	2:36	2:26:12 (38)	1:43	1:34:52 (68)	4:40:58
52	338	Gerrit Gott		TM35	12	0:35:32 (81)	2:07	2:26:16 (39)	1:41	1:35:30 (70)	4:41:06
53	322	Manfred Ricklin	SC Altenrheine	TM60	1	0:35:51 (90)	3:50	2:24:00 (30)	1:13	1:37:05 (77)	4:41:58
54	350	Klemens Stang	TV Goch 1883	TM50	5	0:34:49 (66)	1:55	2:22:15 (21)	1:11	1:42:16 (106)	4:42:25
55	455	Stefan Rolke	Triathlon Team Rheinberg	TM45	6	0:38:08 (123)	1:55	2:30:50 (73)	1:48	1:29:50 (40)	4:42:29
56	360	Torben Dietrich	Freie Schwimmer Düsseldorf	TM30	15	0:31:14 (21)	1:51	2:29:29 (56)	1:44	1:38:59 (94)	4:43:16
57	433	Andre Riesmeier	Tri Finish Münster	TM50	6	0:35:26 (79)	2:37	2:33:13 (93)	1:29	1:30:34 (44)	4:43:19
58	473	Waldemar Kuhnert	Triminators TV Voerde	TM55	2	0:34:32 (61)	2:16	2:30:48 (72)	1:09	1:34:53 (69)	4:43:39
59	397	didier duret	SUS Stadtlohn Triathlon	TM40	9	0:32:15 (33)	1:55	2:35:58 (106)	1:05	1:32:38 (57)	4:43:51
60	409	Jörg Schmidt	Westfalia Herne	TM50	7	0:39:31 (142)	2:45	2:29:01 (55)	1:45	1:31:00 (46)	4:44:02
61	555	Marc Holtwick		TM45	7	0:36:38 (107)	3:45	2:24:35 (31)	2:06	1:37:05 (78)	4:44:09
62	568	Thorsten Wagener	OTV Endurance Team	TM45	8	0:34:49 (66)	2:18	2:32:23 (86)	2:14	1:32:34 (56)	4:44:18
63	375	Klaus Niklas	Triathlon Team Rheinberg	TM50	8	0:31:15 (23)	2:39	2:35:12 (102)	1:17	1:33:57 (64)	4:44:20
64	343	Hans Boonstra	NDD	TM55	3	0:36:27 (102)	2:49	2:30:30 (68)	1:17	1:33:30 (60)	4:44:33
65	450	Marc Altena	Triatlon Club Twente	TM35	13	0:32:37 (40)	2:40	2:24:45 (33)	1:11	1:43:50 (109)	4:45:04
66	391	Florian Selle		TM30	16	0:34:40 (63)	3:56	2:26:04 (37)	1:47	1:38:37 (91)	4:45:05
67	485	Andreas Skola	SG Borken	TM50	9	0:39:02 (135)	3:01	2:30:14 (63)	1:30	1:31:34 (51)	4:45:20
68	410	Anestis Pataridis		TM45	9	0:36:42 (108)	2:48	2:29:39 (57)	3:04	1:34:26 (65)	4:46:38
69	503	Oliver Valk	SC Bayer 05 Uerdingen e.V.	TM45	10	0:32:57 (42)	1:40	2:29:55 (58)	1:12	1:41:02 (101)	4:46:46
70	452	Dirk Geraths	Team TwentyTri	TM45	11	0:36:13 (96)	1:59	2:30:48 (71)	1:42	1:36:05 (75)	4:46:47
71	565	Frank Dombek	Allround Triathlon Team Kleve	TM50	10	0:38:05 (121)	2:14	2:33:49 (95)	1:51	1:31:06 (47)	4:47:04
72	349	Marco Bebbber van	TuS Xanten Triathlon	TM45	12	0:36:06 (94)	5:17	()		1:34:31 (66)	4:47:20
73	569	Matthias Knauff	LT Starlight Team Essen	TM50	11	0:35:01 (72)	2:27	2:34:58 (100)	1:23	1:33:34 (63)	4:47:22
74	457	Dirk Bormacher	Dülkener SV	TM45	13	0:34:44 (64)	2:01	2:31:46 (82)	1:25	1:37:31 (84)	4:47:26



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75	412	Christian Storzer	SV Gladbeck 13	TM45	14	0:34:53 (69)	2:13	2:35:32 (104)	1:50	1:33:08 (58)	4:47:36
76	480	Albert Rosendahl	TC Twente	TM50	12	0:34:37 (62)	2:45	2:31:37 (81)	1:27	1:38:16 (88)	4:48:42
77	514	Bernd Diekmann	Lauffreunde HADI Wesel	TM45	15	0:48:25 (195)	2:41	2:35:35 (105)	1:12	1:21:01 (14)	4:48:54
78	586	Norbert Schröder		TM55	4	0:34:27 (60)	2:24	2:33:50 (96)	1:11	1:38:25 (90)	4:50:17
79	419	Manuel Kumle	TRI Team UNITY	TM30	17	0:39:36 (144)	2:58	2:34:36 (98)	1:55	1:31:31 (49)	4:50:36
80	487	Oliver Rexforth	TV Jahn Hiesfeld	TM50	13	0:34:05 (56)	3:13	2:32:34 (90)	1:26	1:40:18 (98)	4:51:36
81	386	Bernd Krude	Marathon Steinfurt	TM50	14	0:39:13 (136)	3:12	2:30:55 (74)	1:13	1:37:23 (81)	4:51:55
82	451	Stefan Dremmann	OTV Endurance	TM45	16	0:40:45 (155)	2:42	2:38:15 (117)	1:59	1:29:00 (33)	4:52:40
83	500	Frank Wefers	Dülkener SV	TM50	15	0:41:14 (158)	2:51	2:37:34 (113)	1:30	1:29:32 (37)	4:52:41
84	324	Peter Dornseifer	SC Olpe Triathlon	TM45	17	0:36:19 (98)	2:42	2:23:55 (29)	1:29	1:48:28 (126)	4:52:53
85	458	Frank Wehran	Nordtriathleten	TM50	16	0:40:31 (152)	2:13	2:34:42 (99)	0:56	1:34:49 (67)	4:53:10
86	308	Frank Kerstan	Atrinalin Düsseldorf	TM35	14	0:36:20 (99)	2:35	2:23:46 (28)	1:22	1:49:09 (129)	4:53:11
87	572	Sebastian Marek	SV 19 Straelen	TM35	15	0:33:34 (50)	2:02	2:31:34 (80)	1:26	1:44:44 (114)	4:53:20
88	364	Markus Althoff	OTV Endurance Team	TM50	17	0:30:21 (10)	1:53	2:36:12 (107)	1:52	1:44:01 (111)	4:54:18
89	373	Ulrich Bolten	marathonteam-online	TM55	5	0:40:13 (149)	4:42	2:30:18 (66)	1:25	1:38:18 (89)	4:54:56
90	381	Herbert Küppers	Triathlon Waldfeucht e.V.	TM50	18	0:38:15 (124)	3:20	2:31:56 (84)	1:53	1:39:33 (97)	4:54:56
91	502	Oliver Daemen	SC Bayer 05 Uerdingen	TM50	19	0:42:47 (171)	2:29	2:30:06 (60)	1:05	1:38:48 (93)	4:55:15
92	498	Mike Schieder	AS Neukirchen-Vluyn	TM45	18	0:42:30 (168)	1:52	2:30:41 (69)	1:41	1:38:38 (92)	4:55:21
93	512	Julius Itta	Team BeVegt.de	TM25	8	0:29:23 (9)	2:31	2:38:00 (116)	1:36	1:43:59 (110)	4:55:28
94	520	Marco Sinjou	TV Goch	TM45	19	0:35:09 (75)	2:37	2:34:09 (97)	1:16	1:42:20 (107)	4:55:30
95	340	Martin Wissing	TSV Bocholt	TM50	20	0:36:31 (104)	2:46	2:26:35 (40)	1:48	1:48:14 (125)	4:55:54
96	346	Patrick Heitkamp	TSV Bocholt	TM35	16	0:35:11 (77)	3:22	2:26:48 (42)	1:19	1:50:33 (137)	4:57:13
97	447	Guido Klein-Hitpaß	TSV Bocholt	TM45	20	0:41:21 (159)	3:33	2:35:05 (101)	1:42	1:35:54 (74)	4:57:35
98	534	Rick Moezelaar	Team EBS / Pikeur	TM55	6	0:35:00 (71)	2:38	2:41:17 (132)	1:29	1:37:19 (80)	4:57:42
99	302	Ilja Simon	Team Essen 99	TM35	17	0:40:26 (151)	3:15	2:32:29 (87)	1:19	1:40:34 (100)	4:58:03
100	337	Marcel Franken	Dülkener SV 06	TM45	21	0:33:33 (48)	2:11	2:35:20 (103)	1:43	1:45:42 (119)	4:58:30
101	328	Matthias Rogge	SC Wiking Herne	TM45	22	0:38:32 (127)	3:16	2:41:46 (133)	1:38	1:33:33 (62)	4:58:46
102	431	Norbert Breucker	SG Welper	TM60	2	0:35:41 (87)	3:24	2:32:49 (92)	2:18	1:44:49 (116)	4:59:00



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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
103	444	Dieter Hesterwerth	SC Reken	TM55	7	0:37:34 (115)	3:13	2:27:13 (46)	2:39	1:48:36 (127)	4:59:14
104	563	Frederic Brozy	Hardtseemafia	TM35	18	0:38:49 (131)	3:18	2:38:18 (119)	1:47	1:37:34 (85)	4:59:45
105	481	Rene Kuhnert	Triminators TV Voerde	TM20	2	0:30:23 (11)	1:54	2:36:26 (108)	1:29	1:49:44 (134)	4:59:57
106	422	Mario Böttner	TSV Bad Endorf	TM50	21	0:32:50 (41)	1:57	2:33:21 (94)	2:37	1:49:18 (130)	5:00:03
107	436	Hes Derksen	Thetis	TM45	23	0:36:26 (101)	3:12	2:38:17 (118)	1:46	1:40:33 (99)	5:00:13
108	377	Bas de Ridder		TM35	19	0:35:52 (91)	5:01	2:39:29 (124)	2:59	1:37:36 (86)	5:00:58
109	567	Gerrit Müller	RC Schmitter	TM55	8	0:43:21 (175)	3:56	2:32:32 (88)	2:06	1:39:29 (96)	5:01:24
110	432	Maik Lagemann	LG Emsdetten Tri-Team	TM40	10	0:39:15 (137)	3:50	2:37:21 (112)	3:11	1:39:15 (95)	5:02:52
111	374	Udo Möllmann	TSV Bocholt	TM45	24	0:42:26 (167)	2:32	2:39:01 (123)	1:41	1:37:45 (87)	5:03:24
112	371	Patrick Hähner	Tri.Si	TM35	20	0:38:29 (126)	3:07	2:38:42 (121)	1:23	1:42:01 (105)	5:03:43
113	383	Christian Becker-Sonnenschein	TUS Oer erkenschwick	TM45	25	0:38:05 (122)	2:03	2:40:08 (126)	2:16	1:41:29 (104)	5:04:01
114	553	Olivier Zimmer	OTV Endurance Team	TM50	22	0:34:57 (70)	3:23	2:30:16 (65)	1:28	1:53:57 (150)	5:04:01
115	400	Maik Roskosch	SV Gladbeck 13	TM45	26	0:38:53 (132)	2:32	2:30:12 (62)	1:57	1:50:33 (136)	5:04:07
116	475	Philip Stahlmecke		TM25	9	0:41:09 (157)	1:39	2:36:58 (110)	1:02	1:43:26 (108)	5:04:13
117	561	Anthony Kock	Triathliem	TM55	9	0:46:33 (191)	6:00	2:31:21 (77)	3:36	1:37:27 (82)	5:04:57
118	352	Matthias Trenn	Alemannia Aachen	TM25	10	0:33:29 (47)	3:11	2:31:25 (78)	2:05	1:55:11 (152)	5:05:21
119	402	Sven Liebig	SV 19 Straelen e. V.	TM45	27	0:37:18 (114)	3:46	2:50:54 (158)	1:58	1:32:20 (55)	5:06:17
120	551	Markus Ariaans	SV 19 Straelen	TM45	28	0:36:21 (100)	3:18	2:50:33 (157)	1:22	1:35:33 (71)	5:07:08
121	366	Helge Wittig	ASK München Süd	TM50	23	0:35:32 (82)	3:08	2:41:11 (130)	2:34	1:45:14 (117)	5:07:41
122	516	Peter Wink	Bocholter WSV	TM40	11	0:35:53 (93)	2:29	2:31:51 (83)	1:10	1:57:08 (154)	5:08:30
123	309	Markus Zindler		TM45	29	0:40:40 (154)	3:25	2:37:57 (114)	2:28	1:44:48 (115)	5:09:17
124	344	Oliver Deters	Marathon Steinfurt	TM35	21	0:44:59 (185)	2:49	2:31:04 (75)	1:30	1:49:24 (133)	5:09:46
125	424	guido Bünker	LG Emsdeetten Tri-Team	TM50	24	0:33:41 (52)	2:28	2:40:14 (128)	1:32	1:52:11 (145)	5:10:05
126	550	Thorsten Kräher	TV Werne 03 Wasserfreunde	TM35	22	0:38:41 (128)	2:20	2:40:51 (129)	2:14	1:46:10 (120)	5:10:15
127	321	Christoph Reckendrees	TSV Bocholt	TM45	30	0:37:42 (117)	2:37	2:37:14 (111)	1:34	1:51:37 (142)	5:10:43
128	499	Christian Zylka	Tus Breitscheid	TM50	25	0:32:16 (34)	3:43	2:42:07 (135)	2:14	1:50:36 (138)	5:10:55
129	310	Eugen Efremow	Running Team Senden	TM35	23	0:45:10 (187)	2:21	2:42:20 (137)	1:57	1:41:11 (102)	5:13:00



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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
130	453	Jürgen Adams	marathonteam-online	TM55	10	0:38:55 (133)	4:48	2:38:00 (115)	2:01	1:49:20 (131)	5:13:04
131	509	Martin Eckelt		TM30	18	0:43:55 (179)	3:36	2:44:44 (142)	3:40	1:37:29 (83)	5:13:24
132	570	Michael Janssen	SV Nordwacht Keeken	TM50	26	0:43:44 (178)	4:05	2:52:08 (161)	1:47	1:32:07 (53)	5:13:52
133	387	Ingo Peplau	Triminators TV Voerde	TM40	12	0:34:47 (65)	2:09	2:30:42 (70)	1:31	2:05:16 (170)	5:14:24
134	535	stephan bruns	SG Borken	TM50	27	0:36:28 (103)	2:34	2:41:13 (131)	1:05	1:53:05 (148)	5:14:25
135	403	Stefan Schoenwiese	Team Erdinger Alkoholfrei	TM35	24	0:38:57 (134)	2:49	2:45:47 (143)	1:42	1:45:31 (118)	5:14:45
136	442	Frank Kollenberg	ASK München Süd e.V.	TM55	11	0:40:45 (156)	3:03	2:40:09 (127)	2:11	1:50:07 (135)	5:16:15
137	537	Michael Aßhauer	SC Westfalia 04 Herne Triathlon	TM50	28	0:36:12 (95)	4:15	2:44:41 (141)	3:00	1:48:51 (128)	5:16:59
138	335	Niels Kyewski	Trinminators TV Voerde	TM45	31	0:35:22 (78)	3:30	2:43:15 (139)	1:50	1:53:22 (149)	5:17:18
139	489	Martin Brudereck	Sparta 4 fun	TM50	29	0:45:22 (189)	2:48	2:52:05 (160)	1:33	1:35:34 (72)	5:17:21
140	378	Christian Fastner	OTV ENDURANCE TEAM	TM50	30	0:36:48 (109)	3:34	2:48:07 (149)	1:36	1:47:32 (122)	5:17:36
141	372	Marco Weijsenfeld	Thetis	TM45	32	0:35:31 (80)	3:31	2:46:43 (147)	2:06	1:51:11 (141)	5:19:02
142	562	Stefan Tank	Freibeuter	TM35	25	0:41:27 (160)	4:40	2:49:05 (154)	1:20	1:44:08 (112)	5:20:40
143	460	Frank Casimir	AS Neukirchen-Vluyn	TM50	31	0:36:50 (111)	2:25	2:38:47 (122)	1:11	2:01:38 (165)	5:20:51
144	557	Jens Baumeister	marathonteam-online	TM30	19	0:43:24 (176)	3:19	2:32:14 (85)	2:19	1:59:44 (163)	5:21:00
145	315	Thorsten Flintrop	Weseler TV - Triathlon	TM45	33	0:36:52 (112)	2:20	2:43:36 (140)	1:27	1:56:46 (153)	5:21:02
146	523	Jens Hahn		TM50	32	0:38:46 (130)	3:54	2:46:31 (146)	2:21	1:50:38 (139)	5:22:10
147	515	Michael Kaffka	Triathlon Team Rheinberg	TM50	33	0:40:12 (148)	3:11	2:49:14 (155)	2:00	1:47:51 (123)	5:22:28
148	423	Gerben Pinkert		TM40	13	0:34:19 (59)	2:16	2:39:31 (125)	2:47	2:04:07 (167)	5:23:00
149	319	Uli Schneider		TM60	3	0:37:56 (120)	3:15	2:49:02 (153)	1:37	1:52:59 (147)	5:24:49
150	525	Philipp Hüls	Atrinalin Düsseldorf	TM30	20	0:39:32 (143)	2:26	2:36:55 (109)	1:38	2:04:24 (169)	5:24:55
151	573	Marco Hörnchen	Team Erdinger Alkoholfrei	TM35	26	0:37:35 (116)	2:59	2:57:34 (175)	1:21	1:46:22 (121)	5:25:51
152	313	Jörg Siegel	Siegel Triathlon Team	TM65	1	0:41:29 (161)	4:40	2:47:48 (148)	2:55	1:50:52 (140)	5:27:42
153	540	Arthur Pohl	ASK München-Süd e.V.	TM60	4	0:40:21 (150)	4:33	2:42:06 (134)	3:49	1:57:39 (159)	5:28:29
154	393	Volker Gierling	TURA Brügggen	TM50	34	0:39:25 (139)	4:53	2:48:51 (152)	1:38	1:54:17 (151)	5:29:03
155	448	MANFRED SUCK	TV LANGENBERG	TM60	5	0:40:09 (147)	3:09	2:46:03 (145)	1:46	1:58:20 (162)	5:29:26
156	330	Stefan Pachner	TV Frisch Auf Lennep	TM50	35	0:44:51 (183)	2:54	2:52:21 (162)	1:44	1:47:52 (124)	5:29:43
157	351	Frank Siegler	Triathlon Mülheim	TM50	36	0:45:02 (186)	3:38	2:52:22 (163)	1:51	1:49:22 (132)	5:32:14



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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
158	320	Johnny Ihling	TSV Bocholt	TM55	12	0:34:12 (57)	3:34	2:43:04 (138)	3:24	2:09:14 (177)	5:33:28
158	508	Michael Garcia	TSV Bocholt	TM50	37	0:36:49 (110)	4:22	2:38:31 (120)	3:21	2:10:25 (178)	5:33:28
160	560	Jens Gardemann	Triathlon Team Rheinberg	TM30	21	0:42:13 (165)	3:12	2:55:42 (170)	1:19	1:51:56 (144)	5:34:21
161	538	Dieter Perau	running veg. Kevelaer	TM55	13	0:43:18 (174)	4:10	3:00:39 (183)	2:18	1:44:40 (113)	5:35:05
162	510	Berthold Krasenbrink	RTC Den Haag	TM45	34	0:44:04 (181)	3:49	2:48:46 (151)	2:07	1:57:19 (155)	5:36:05
163	342	Dirk Wieberg	Tri-Team LG-Emsdetten	TM45	35	0:42:11 (164)	3:34	2:51:49 (159)	1:51	1:58:05 (161)	5:37:30
164	314	Thomas Hollkott		TM50	38	0:35:08 (74)	3:42	2:59:56 (181)	1:55	1:58:01 (160)	5:38:40
165	456	Florian Siegel	Siegel Triathlon Team	TM30	22	0:39:15 (137)	3:29	2:49:24 (156)	2:29	2:04:22 (168)	5:38:59
166	532	Frank Timmerhues	Tri Team Steinfurt	TM45	36	0:34:51 (68)	2:21	2:45:51 (144)	1:54	2:15:20 (182)	5:40:16
167	459	Klaus Stephanblome	Marathon Steinfurt	TM50	39	0:43:59 (180)	3:50	3:00:22 (182)	2:16	1:51:41 (143)	5:42:07
168	379	Alfred van Groningen		TM45	37	0:39:29 (140)	3:10	2:56:21 (173)	2:55	2:00:46 (164)	5:42:41
169	357	Frank Wienandts	marathonteam-online	TM50	40	0:49:11 (196)	6:08	2:52:53 (165)	1:52	1:57:19 (156)	5:47:23
170	543	Thomas Peck	Marathon Soest	TM30	23	0:53:12 (199)	3:08	2:56:18 (172)	2:14	1:52:47 (146)	5:47:40
171	405	Carsten Mohn		TM50	41	0:33:54 (54)	3:50	2:58:49 (178)	2:31	2:09:11 (175)	5:48:16
172	483	Reinhold Benning	TSV Bocholt	TM55	14	0:44:46 (182)	6:52	2:55:16 (168)	4:45	1:57:21 (157)	5:48:59
173	318	Mario Vöge	SC Bayer 05 Uerdingen	TM30	24	0:49:31 (198)	2:55	2:56:16 (171)	3:00	1:57:32 (158)	5:49:13
174	345	Wolfgang Richmann	Ute Mückel Triathlon Team	TM65	2	0:39:31 (141)	6:04	2:59:36 (179)	2:38	2:03:13 (166)	5:51:01
175	404	Bernd A. Löchter	Die Löchters	TM50	42	0:46:13 (190)	3:49	2:48:43 (150)	2:14	2:13:53 (180)	5:54:51
176	325	Dirk Magnus	LG Emsdetten Tri-Team	TM40	14	0:46:41 (192)	3:30	2:55:21 (169)	1:15	2:09:13 (176)	5:56:00
177	439	Stefan Kurpierz	Triminators - TV Voerde	TM35	27	0:40:05 (146)	2:47	2:54:37 (166)	3:36	2:16:39 (183)	5:57:44
178	425	Frank Förster	Tri Schlumpf Team	TM45	38	0:42:13 (166)	5:24	3:02:53 (184)	3:19	2:08:30 (172)	6:02:19
179	443	Stephan Heeke	Team Erdinger Alkoholfrei	TM45	39	0:40:37 (153)	4:35	3:07:04 (186)	1:49	2:08:32 (173)	6:02:37
180	477	Rüdiger Eckardt	Tri-Geckos Dortmund	TM50	43	0:36:17 (97)	2:53	2:56:31 (174)	2:41	2:32:17 (186)	6:10:38
181	421	Ludolf Kerkhof		TM55	15	0:43:27 (177)	4:29	3:07:40 (188)	2:59	2:14:47 (181)	6:13:21
182	426	Tjeerd de Vries		TM40	15	0:42:40 (170)	4:47	2:59:46 (180)	3:44	2:23:16 (184)	6:14:13
183	472	Alex Mäteling	SV Haldern Lauftrff	TM60	6	0:53:48 (200)	3:39	3:11:12 (190)	2:41	2:06:15 (171)	6:17:34
184	385	Anton Pluim	AVN Nijkerk NL	TM50	44	0:36:37 (106)	5:25	3:09:24 (189)	3:38	2:25:01 (185)	6:20:04
185	384	Jacko van der Windt	Jacko	TM50	45	0:45:12 (188)	3:45	3:19:52 (191)	3:00	2:09:07 (174)	6:20:57



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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
186	464	Thomas Lynen	Triathlon Team TG Witten	TM45	40	0:49:26 (197)	4:39	3:03:33 (185)	4:33	2:35:15 (188)	6:37:26
187	461	Martin Lubich		TM50	46	0:46:45 (193)	4:15	3:34:08 (193)	3:36	2:11:51 (179)	6:40:35
188	492	Ruben Crusio		TM40	16	0:47:11 (194)	5:43	3:21:07 (192)	4:11	2:34:39 (187)	6:52:51
DNF	484	Jürgen Berghaus	Tri Team Steinfurt	TM30		0:34:00 (55)	2:03	2:54:55 (167)	1:08	()	
DNF	530	Christian Maerz	Starlight Team Essen	TM55		0:42:58 (173)		()		()	
DNF	566	Roger Mazurek		TM50		0:41:56 (162)	5:04	2:58:24 (177)	2:35	()	
DNF	465	Thomas Horn		TM50		0:44:58 (184)	4:13	2:57:46 (176)	3:04	()	
DNF	440	Bernhard Steidl	Triathlon Team Rheinberg	TM50		0:31:55 (28)		()		()	
DNF	438	Andreas Mausfeld	TV Kupferdreh	TM50		0:42:36 (169)		()		()	
DNF	454	Frank Nolden	AS Neukirchen-Vluyn	TM55		0:42:05 (163)	2:57	3:07:25 (187)	2:25	()	
DNF	449	Manfred Elting	Bocholter WSV	TM50		0:33:33 (49)	1:42	2:42:09 (136)	1:13	()	
DNF	427	Eric Frank	Marathonteam-online.de	TM30		0:34:15 (58)	2:58	2:52:28 (164)		()	
DNF	407	Ton Wolfs	Team Kiwi Cycle	TM45		0:39:50 (145)		()		()	
DNF	408	Rüdiger Ziervogel	Tri Schlumpf Team	TM55		0:38:24 (125)		()		()	
DNF	401	Jürgen Mann	Herner Triathlon Team \\\11	TM45		0:42:50 (172)	2:16	1:59:29 (1)		()	
DNF	368	Michael Maaß		TM60		0:57:41 (201)	4:42	()		()	