



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 16. Juni 2019



Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	306	Andi Osterkamp	Dülkener SV	TW40	1	0:32:23 (1)	2:34	2:42:06 (4)	1:09	1:38:16 (9)	4:56:28
2	350	Angela Tempesta	AS Neukirchen-Vluyn	TW35	1	0:32:40 (2)	1:52	2:48:19 (5)	1:03	1:36:05 (5)	4:59:59
3	566	Christine Terweiden	TV Goch	TW35	2	0:34:51 (3)	2:39	2:53:34 (14)	1:25	1:29:08 (1)	5:01:37
4	461	Lisa Rosemeier	Tri-Geckos Dortmund e. V	TW25	1	0:37:08 (9)	2:34	2:52:28 (12)	1:27	1:32:10 (2)	5:05:47
5	487	Pia Schickel	Tri-Team Nettetal	TW35	3	0:38:36 (13)	2:16	2:39:10 (1)	1:23	1:45:31 (15)	5:06:56
6	505	Gudrun Kaß	SG Borken	TW50	1	0:37:29 (10)	2:34	2:50:59 (10)	1:38	1:35:30 (4)	5:08:10
7	420	Claudia Dienemann	Triathlon Equipe Elz	TW50	2	0:38:42 (15)	2:47	2:41:04 (3)	1:32	1:44:15 (14)	5:08:20
8	334	Birgit Wellmanns	TV Goch 1883 e.V.	TW50	3	0:36:02 (4)	2:33	2:52:30 (13)	1:11	1:36:31 (8)	5:08:47
9	517	Marian van Hilst	triathliem	TW50	4	0:38:40 (14)	2:48	2:48:19 (5)	2:19	1:39:08 (11)	5:11:14
10	301	Britta Falkenstein	SV Gladbeck 13	TW50	5	0:39:57 (19)	2:25	2:52:19 (11)	1:09	1:36:06 (6)	5:11:56
11	354	Sabine Casimir	AS Neukirchen-Vluyn	TW50	6	0:42:08 (26)	2:40	2:49:57 (8)	1:37	1:38:22 (10)	5:14:44
12	308	Susanne Hämmerling	ASC Ahlen	TW40	2	0:36:45 (7)	2:46	2:49:19 (7)	1:10	1:47:09 (17)	5:17:09
13	333	Gitti Thimm	TV Goch	TW50	7	0:36:35 (5)	2:23	3:01:32 (23)	1:12	1:36:11 (7)	5:17:53
14	433	Linda Schölch	Tri-Geckos Dortmund	TW30	1	0:37:06 (8)	2:48	2:54:48 (15)	1:51	1:42:40 (12)	5:19:13
15	430	Martina Gaspercic	ASV Duisburg	TW50	8	0:38:14 (12)	3:23	3:04:41 (28)	1:19	1:32:54 (3)	5:20:31
16	453	Stefanie Zankl		TW30	2	0:36:36 (6)	2:45	2:54:58 (16)	1:22	1:47:34 (19)	5:23:15
17	550	Silke Teuber	TV Gronau	TW45	1	0:42:19 (27)	2:55	2:50:41 (9)	1:31	1:47:19 (18)	5:24:45
18	516	Kerstin Schulz	TV Schiefbahn Tri-Team	TW25	2	0:38:53 (18)	4:01	2:40:45 (2)	1:54	2:06:51 (34)	5:32:24
19	498	Susanne Behrendt-Hänlein	Animal compassion	TW40	3	0:38:42 (15)	3:29	2:58:47 (20)	1:18	1:50:12 (21)	5:32:28
20	491	Miriam Herzhoff		TW25	3	0:37:50 (11)	3:20	2:55:38 (17)	1:30	1:58:21 (27)	5:36:39
21	323	Dr. Katerina Keunecke	TPSK 1925 e. V.	TW40	4	0:42:27 (28)	2:30	3:03:17 (24)	1:13	1:47:54 (20)	5:37:21
22	485	Barbara van Overhagen		TW40	5	0:38:49 (17)	3:18	3:04:28 (27)	2:10	1:51:43 (22)	5:40:28
23	310	Anke Burka	Dülkener SV	TW55	1	0:49:07 (36)	4:46	2:59:05 (21)	2:10	1:46:31 (16)	5:41:39
24	319	Petra Hüller	Triathlon Team Ratingen 08	TW50	9	0:40:26 (20)	3:28	2:57:47 (19)	2:23	2:00:08 (30)	5:44:12
25	392	Inga Kauffmann	LT Starlight Team	TW45	2	0:40:27 (21)	4:06	3:17:21 (36)	1:14	1:43:30 (13)	5:46:38
26	539	Elfriede Cramer	TS Bergisch Gladbach 1879 e.V.	TW50	10	0:42:30 (29)	2:41	3:07:42 (31)	1:48	1:59:13 (29)	5:53:54
27	369	Kathrin Kortenbach		TW35	4	0:41:03 (24)	2:44	3:03:41 (25)	1:50	2:06:20 (33)	5:55:38



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28	438	Daniela Bolten	Dülkener SV	TW50	11	0:50:13 (38)	4:01	2:59:44 (22)	2:33	2:01:52 (32)	5:58:23
29	411	Jasmin Dille	M. Gladbacher TV 1848 e.V.	TW35	5	0:42:36 (30)	4:26	3:14:18 (33)	3:14	1:54:43 (24)	5:59:17
30	508	Heike Lipa	BTC Herne	TW45	3	0:45:01 (32)	3:25	3:15:18 (34)	2:17	1:56:15 (25)	6:02:16
31	391	Anette Stenkamp	Team Erdinger Alkoholfrei	TW50	12	0:51:41 (39)	2:59	3:08:45 (32)	1:37	1:58:23 (28)	6:03:25
32	408	Petra Kaiser	TV Jahn Hiesfeld	TW60	1	0:48:55 (35)	4:05	3:20:24 (37)	1:51	1:53:36 (23)	6:08:51
33	470	Johannette Loose	TSG 1881 Sprockhövel e.V.	TW45	4	0:49:31 (37)	5:07	3:15:50 (35)	2:48	1:58:18 (26)	6:11:34
34	440	Claudia Eich-Lammering	SF Nordvelen	TW55	2	1:03:31 (41)	4:05	3:03:44 (26)	2:02	2:01:00 (31)	6:14:22
35	553	Simone van Treeck	DJK Coesfeld	TW55	3	0:47:04 (33)	4:58	3:07:31 (30)	3:06	2:14:06 (36)	6:16:45
36	444	Monika Horn		TW45	5	0:48:27 (34)	3:31	3:07:22 (29)	1:44	2:36:19 (38)	6:37:23
37	360	ELVIRA SUCK	TV LANGENBERG	TW60	2	0:54:45 (40)	4:10	3:27:52 (39)	2:52	2:09:18 (35)	6:38:57
38	556	Verena Mette	Triathlon Team TG Witten	TW30	3	0:44:52 (31)	3:34	3:46:15 (40)	2:07	2:26:46 (37)	7:03:34

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	425	Sascha Hubbert	Triathlon Team Rheinberg	TM25	1	0:33:35 (26)	1:37	2:11:35 (3)	0:33	1:14:09 (1)	4:01:29
2	416	Kai Bitschinski		TM25	2	0:28:34 (4)	1:37	2:16:38 (4)	0:46	1:22:08 (9)	4:09:43
3	349	Eric Cramer	SV-Bergisch Gladbach 1920-71	TM20	1	0:28:29 (3)	1:16	()		1:21:22 (7)	4:13:33
4	496	Koen Rutjes	Team Broekman	TM30	1	0:32:51 (16)	1:46	2:25:27 (10)	0:58	1:17:15 (2)	4:18:17
5	568	Clemens Küppers	Tri-Team Nettetal	TM35	1	0:31:29 (8)	2:14	2:28:37 (20)	0:47	1:19:12 (5)	4:22:19
6	522	Andre Winkelhorst	TV-Westfalia 07 Epe	TM45	1	0:37:25 (63)	2:42	2:22:50 (7)	0:55	1:19:08 (4)	4:23:00
7	564	Ynze Keulstra	WF Munster	TM20	2	0:26:59 (1)	1:37	2:16:59 (5)	1:12	1:37:11 (60)	4:23:58
8	339	Patrick Hoffmann	W+F Münster	TM35	2	0:38:04 (75)	1:47	2:25:20 (9)	0:53	1:19:00 (3)	4:25:04
9	449	Robert Loeff	TriCan	TM45	2	0:32:42 (12)	1:57	2:21:54 (6)	1:41	1:27:06 (17)	4:25:20
10	394	Wouter Lambermont		TM30	2	0:27:00 (2)	1:34	2:29:56 (21)	1:21	1:27:09 (18)	4:27:00
11	448	Bastian Siemes	Tri-Team-Nettetal	TM30	3	0:33:05 (18)	1:38	2:30:29 (22)	0:56	1:22:16 (10)	4:28:24
12	513	Lothar Bitz	TriFinish Münster	TM35	3	0:37:05 (58)	1:48	2:26:01 (11)	1:30	1:24:08 (13)	4:30:32
13	372	Frank Timmermans	ATV Venray	TM55	1	0:33:32 (25)	2:09	2:27:29 (17)	0:56	1:26:34 (16)	4:30:40



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14	403	Fabian Karst	TRC Essen	TM25	3	0:32:46 (14)	1:38	2:26:10 (13)	1:16	1:29:41 (26)	4:31:31
15	387	Peter Bakker	TTvW Hof van Twente	TM50	1	0:36:34 (51)	1:32	2:31:12 (24)	1:05	1:21:20 (6)	4:31:43
16	477	Marcel Martens	ATV Venray	TM40	1	0:33:30 (24)	1:56	2:34:05 (36)	0:47	1:23:28 (11)	4:33:46
17	393	Hans Peter Wolff	TSV Bayer Dormagen	TM50	2	0:32:41 (11)	2:04	2:32:27 (26)	1:12	1:25:26 (14)	4:33:50
18	475	Maik Baltes	tri.Si (Triathlon Siegen e.V.)	TM40	2	0:35:59 (47)	2:18	2:33:14 (33)	0:54	1:21:30 (8)	4:33:55
19	431	Carsten Stegemann		TM35	4	0:37:44 (68)	2:18	2:26:55 (16)	1:41	1:27:35 (19)	4:36:13
20	507	Marco Dijk van	Triathliem	TM50	3	0:34:09 (32)	2:13	2:26:51 (15)	1:21	1:31:56 (32)	4:36:30
21	559	Christoph Dirkes	SC Altenrheine	TM40	3	0:33:26 (22)	2:36	2:26:23 (14)	1:19	1:36:49 (58)	4:40:33
22	472	Bart Schilders	ATV Venray	TM35	5	0:31:31 (9)	2:03	2:31:12 (24)	0:56	1:35:31 (53)	4:41:13
23	445	Christian Silkenbeumer	BSG Berufsfeuerwehr Münster	TM35	6	0:40:26 (109)	2:51	2:32:43 (28)	1:17	1:23:59 (12)	4:41:16
24	561	Sebastian Rottstegge	Hamminkelter SV	TM35	7	0:40:04 (105)	2:46	2:27:32 (18)	1:08	1:29:49 (28)	4:41:19
25	537	Najib Nassar		TM45	3	0:36:40 (54)	2:56	2:33:04 (31)	1:40	1:28:44 (23)	4:43:04
26	484	Tim Fröhling	Iserlohner TriTeam	TM35	8	0:35:16 (43)	2:45	2:36:53 (48)	1:01	1:27:35 (19)	4:43:30
27	483	Tim Schröder	Zoot Team Europe // Tristar Oelde	TM30	4	0:32:58 (17)	2:52	2:34:21 (37)	1:02	1:33:01 (40)	4:44:14
28	533	Christian ten Brink	SUS Darne	TM40	4	0:38:03 (73)	2:11	2:34:22 (38)	1:41	1:29:49 (28)	4:46:06
29	479	Jürgen Berghaus	Tri Team Steinfurt	TM30	5	0:37:20 (62)	4:24	2:37:23 (49)	1:01	1:26:06 (15)	4:46:14
30	548	Daniel Franze	TSV Bocholt	TM40	5	0:33:52 (28)	1:51	2:35:26 (42)	1:15	1:35:46 (54)	4:48:10
31	547	Dr. Sander Belt		TM45	4	0:37:29 (64)	2:04	2:24:45 (8)	1:53	1:42:20 (83)	4:49:01 *
32	329	Stephan Kerkering	Tri Finish Münster	TM50	4	0:38:58 (93)	3:35	2:26:09 (12)	1:15	1:39:07 (72)	4:49:04
33	482	Andreas Hedwig	Triathlon Mülheim	TM40	6	0:33:58 (30)	1:48	2:37:23 (49)	1:47	1:34:30 (47)	4:49:26
34	443	Thorsten Wagener	OTV Endurance Team	TM45	5	0:34:57 (39)	2:38	2:40:27 (61)	2:20	1:29:17 (24)	4:49:39
35	471	Maximilian Hermschulte		TM30	6	0:29:14 (7)	3:30	2:45:59 (92)	2:19	1:29:56 (30)	4:50:58
36	555	Wim van Hilst	triathliem	TM55	2	0:32:43 (13)	2:00	2:40:20 (59)	2:27	1:33:41 (45)	4:51:11
37	474	Niklas Hogenkamp	Dessert43	TM25	4	0:38:06 (76)	2:37	2:35:07 (40)	1:08	1:35:18 (50)	4:52:16
38	421	Michael Ahles		TM40	7	0:36:47 (57)	2:14	2:34:47 (39)	1:09	1:37:51 (65)	4:52:48
39	327	Tim Schroer	Hamminkelter SV	TM20	3	0:35:30 (46)	3:01	2:40:29 (62)	1:10	1:33:15 (42)	4:53:25
40	417	Patrick Hähner	Tri.Si	TM35	9	0:41:51 (122)	2:32	2:36:03 (45)	1:04	1:31:56 (32)	4:53:26
41	518	Manfred Ricklin	SC Altenrheine	TM60	1	0:38:47 (89)	3:17	2:32:49 (30)	1:25	1:37:46 (64)	4:54:04



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42	365	Mike Schieder	AS Neukirchen-Vluyn	TM50	5	0:42:18 (128)	2:20	2:33:32 (35)	1:22	1:35:27 (51)	4:54:59
43	357	Guido Klein-Hitpaß	TSV Bocholt	TM45	6	0:42:09 (125)	3:14	()		1:32:59 (38)	4:55:32
44	497	Michael Borsutzki	W+F Münster e.V.	TM40	8	0:38:33 (84)	3:23	2:43:54 (79)	1:18	1:29:32 (25)	4:56:40
45	380	Philipp Ulrich	Wilde Wiesel Wesel	TM40	9	0:36:34 (51)	2:03	2:45:25 (88)	0:37	1:32:02 (35)	4:56:41
46	536	Klaus Birkendorf	Tri Geckos Dortmund	TM45	7	0:34:43 (38)	1:51	2:35:44 (44)	1:16	1:43:12 (85)	4:56:46
47	562	Stefan Kafitz	TRC Essen 84	TM35	10	0:39:42 (100)	2:25	2:32:39 (27)	1:15	1:41:00 (80)	4:57:01
48	501	Dr. Jens Radstaak		TM40	10	0:36:44 (56)	2:30	2:38:43 (53)	1:39	1:37:32 (61)	4:57:08
49	347	Christof Lange	Team Essen 99	TM45	8	0:42:24 (131)	3:04	2:40:53 (65)	1:06	1:29:43 (27)	4:57:10
50	528	Anestis Pataridis		TM45	9	0:38:15 (79)	2:45	2:41:49 (70)	2:16	1:32:59 (38)	4:58:04
51	342	Gerrit Müller	RC Schmitter	TM55	3	0:45:11 (153)	3:07	2:33:11 (32)	1:38	1:35:01 (49)	4:58:08
52	458	Maurits Smakman	Team Broekman - To Count On	TM45	10	0:38:17 (81)	2:41	2:47:44 (101)	1:15	1:28:33 (21)	4:58:30
53	405	Marcel Stolte	TC Axelander	TM20	4	0:33:16 (21)	3:13	2:46:30 (95)	2:54	1:32:38 (36)	4:58:31
54	447	Lars Kaiser	Krefelder Kanu Klub	TM30	7	0:38:51 (91)	2:17	2:47:23 (99)	1:50	1:28:41 (22)	4:59:02
55	544	koen vergeer		TM30	8	0:35:20 (44)	2:18	2:42:32 (74)	1:44	1:37:59 (66)	4:59:53
56	473	Martin Weissner	W+F Münster	TM40	11	0:34:38 (35)	2:47	2:48:12 (102)	2:15	1:33:27 (43)	5:01:19
57	488	Rene Kuhnert	Triminators TV Voerde	TM25	5	0:29:07 (6)	1:39	2:45:39 (89)	1:32	1:43:32 (87)	5:01:29
58	476	Ulrich Bolten	Dülkener SV	TM55	4	0:42:10 (126)	3:21	2:41:10 (67)	2:00	1:33:02 (41)	5:01:43
59	467	Matthias Rogge	SC Wiking Herne	TM45	11	0:38:32 (83)	2:58	2:42:20 (73)	1:46	1:36:18 (56)	5:01:54
60	324	Dirk Bormacher	Dülkener SV	TM45	12	0:37:13 (60)	3:19	2:33:21 (34)	1:48	1:46:17 (95)	5:01:58
61	303	Martin Bergkeller	Lüdinghausen	TM45	13	0:35:28 (45)	1:54	2:43:47 (78)	0:53	1:41:00 (80)	5:03:02
62	532	Axel Lenders	Allround Triathlon Team Kleve	TM50	6	0:39:53 (103)	3:17	2:39:07 (55)	1:09	1:39:44 (76)	5:03:10
63	374	Ilja Simon	Team-Essen 99	TM40	12	0:42:20 (129)	3:23	2:36:25 (47)	1:42	1:39:44 (76)	5:03:34
64	511	Tim Grütters	runnershealth.de	TM45	14	0:43:44 (140)	3:22	2:40:48 (64)	2:58	1:32:55 (37)	5:03:47
65	399	Dr.Wouter Neijenhuis	Team Broekman	TM30	9	0:51:24 (175)	2:42	2:35:36 (43)	1:41	1:33:35 (44)	5:04:58
66	383	Antonis Antonopoulos		TM40	13	0:36:03 (48)	3:56	2:50:02 (107)	3:01	1:31:58 (34)	5:05:00
67	452	Volker Kurreck	Team Erdinger Alkoholfrei	TM50	7	0:38:54 (92)	2:56	2:43:37 (77)	1:20	1:38:23 (69)	5:05:10
68	368	Udo Möllmann	TSV Bocholt	TM50	8	0:42:00 (124)	2:58	2:42:06 (71)	1:47	1:36:27 (57)	5:05:18
69	401	André Bors	TriFun Kleve e.V.	TM35	11	0:41:19 (116)	2:35	2:30:45 (23)	1:13	1:51:16 (114)	5:07:08



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70	424	Ralf Worrecht	TRI DUCKS DORSTEN	TM55	5	0:39:23 (95)	2:18	2:44:38 (86)	1:04	1:40:46 (79)	5:08:09
71	404	Jens Baumeister	Dülkener SV 06	TM30	10	0:46:40 (166)	4:03	2:37:38 (51)	1:41	1:38:47 (71)	5:08:49
72	332	André Holz	TuS Xanten Triathlon	TM45	15	0:38:40 (87)	2:46	2:45:49 (90)	3:02	1:39:41 (74)	5:09:58
73	436	Frank Ferling	Triathlon Team Ratingen 08	TM50	9	0:38:36 (86)	2:37	2:47:22 (98)	1:27	1:40:18 (78)	5:10:20
74	463	Steve Figur	TV Gronau Triathlon	TM40	14	0:40:23 (108)	3:02	2:38:45 (54)	1:36	1:47:03 (97)	5:10:49
75	534	Andreas Stadtherr	SUS Darme	TM45	16	0:38:59 (94)	4:02	2:40:43 (63)	4:05	1:38:05 (67)	5:10:54 *
76	428	Ralf Fichtner	LDT Bochum	TM50	10	0:36:43 (55)	3:40	2:54:07 (128)	2:12	1:34:41 (48)	5:11:23
77	557	Marius Diekmann	HSP Münster Laufteam / Tri Finish Münster	TM40	15	0:41:45 (119)	2:36	2:50:04 (109)	1:30	1:35:29 (52)	5:11:24
78	373	Bernhard Steidl	Triathlon Team Rheinberg	TM55	6	0:34:17 (33)	2:07	2:40:22 (60)	1:11	1:53:44 (120)	5:11:41
79	414	Tino Müller		TM45	17	0:42:39 (134)	2:02	2:49:08 (104)	1:13	1:36:51 (59)	5:11:53
80	341	Uwe Bandmann	Feuerwehrverein BF Essen e.V.	TM50	11	0:33:12 (20)	2:31	2:37:49 (52)	2:14	1:56:24 (126)	5:12:10
81	535	Stephan Bücken	AS Neukirchen-Vluyn	TM45	18	0:34:20 (34)	3:31	2:43:57 (80)	2:11	1:48:33 (106)	5:12:32
82	352	Robert Effing	TV Gronau	TM50	12	0:35:07 (41)	2:50	2:48:17 (103)	1:30	1:45:17 (92)	5:13:01
83	358	Andreas Grothus	-	TM55	7	0:41:02 (115)	5:06	2:47:11 (97)	2:19	1:38:12 (68)	5:13:50
84	567	Bernhard Lammering	SF Nordvelen	TM50	13	1:03:32 (183)	3:20	2:27:57 (19)	1:57	1:37:40 (63)	5:14:26
85	462	Alexander Jussen	RSV Düren	TM30	11	0:49:57 (172)	4:03	2:32:48 (29)	2:11	1:45:40 (93)	5:14:39
86	434	Michael Große Hochforth		TM45	19	0:43:59 (143)	3:14	2:43:36 (76)	1:48	1:42:22 (84)	5:14:59
87	542	Erik Rathje	Tri-Geckos Dortmund	TM25	6	0:37:45 (69)	3:12	2:53:19 (123)	1:15	1:39:42 (75)	5:15:13
88	331	Michael Janssen	SV Nordwacht Keeken	TM50	14	0:43:16 (137)	4:32	2:55:34 (135)	1:52	1:31:51 (31)	5:17:05
89	340	Hans Lammers		TM55	8	0:35:02 (40)	3:19	2:51:54 (116)	2:29	1:44:32 (89)	5:17:16
90	338	Rainer van den Broek	DVAG Marathon Team	TM40	16	0:38:12 (78)	3:06	2:41:08 (66)	1:22	1:54:05 (121)	5:17:53
91	468	Patrick Temmler	Triathlon Mülheim	TM50	15	0:34:08 (31)	3:11	2:49:50 (106)	1:06	1:50:17 (111)	5:18:32
92	304	Alexander Cernys	TV Goch	TM35	12	0:40:37 (113)	5:29	2:42:18 (72)	2:20	1:48:26 (105)	5:19:10
93	441	Uwe Hilgers	AS Neukirchen-Vluyn	TM50	16	0:42:28 (132)	3:34	2:44:24 (82)	1:19	1:47:48 (104)	5:19:33
94	529	Stefan Pachner	TV Frisch Auf Lennep	TM50	17	0:44:38 (147)	3:06	2:50:10 (110)	1:21	1:41:05 (82)	5:20:20
95	375	Ralf Gude	LG Rheine-Elte	TM50	18	0:40:36 (112)	5:50	2:53:33 (125)	2:15	1:38:45 (70)	5:20:59
96	355	Michael Schubert	Moerser TV Triathlon	TM50	19	0:40:33 (111)	5:07	2:54:51 (131)	1:42	1:39:15 (73)	5:21:28



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 16. Juni 2019



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
97	309	Henk Nijman	Triathlon Club Twente	TM55	9	0:37:07 (59)	3:06	2:40:04 (58)	4:25	1:57:40 (128)	5:22:22
98	526	Andreas Skola	SG Borken	TM50	20	0:45:12 (154)	3:56	2:44:27 (83)	1:27	1:47:22 (100)	5:22:24
99	454	Dirk Pfeiffer	ASV Duisburg	TM55	10	0:41:42 (118)	4:46	3:00:09 (151)	1:39	1:34:28 (46)	5:22:44
100	302	Olivier Zimmer	OTV Endurance Team	TM50	21	0:37:41 (66)	2:55	2:44:35 (84)	1:43	1:55:51 (125)	5:22:45
101	541	Jochen Hampel	Krefelder Kanu Klub	TM30	12	0:32:23 (10)	6:58	2:54:52 (132)	1:28	1:47:34 (103)	5:23:15
102	495	George de Jong	Triathliem	TM50	22	0:33:28 (23)	4:12	2:47:06 (96)	6:33	1:51:59 (116)	5:23:18
103	363	Christian Becker-Sonnenschein	TUS Oer erkenschwick	TM45	20	0:39:47 (101)	2:12	2:53:01 (120)	1:44	1:47:13 (99)	5:23:57
104	560	Markus Althoff	OTV Endurance Team	TM50	23	0:32:47 (15)	3:27	2:56:00 (138)	2:42	1:49:12 (108)	5:24:08
105	499	Nikolaus Ridder	TSV Bocholt	TM45	21	0:37:59 (72)	3:53	2:53:05 (121)	1:54	1:47:25 (101)	5:24:16
106	364	Martin Brudereck	Sparta 4 fun	TM50	24	0:46:27 (162)	3:42	2:56:29 (140)	1:48	1:36:04 (55)	5:24:30
107	385	stephan bruns	SG Borken	TM50	25	0:38:18 (82)	2:56	2:46:15 (94)	1:21	1:55:50 (124)	5:24:40
108	429	Jens Hahn		TM50	26	0:38:48 (90)	3:02	2:54:56 (133)	3:44	1:44:58 (91)	5:25:28
109	400	Frank Kick	SG Tri Power Rhein Sieg	TM55	11	0:33:48 (27)	2:46	2:49:46 (105)	1:28	1:58:34 (131)	5:26:22
110	480	Timm Fanselow	LT Bittermark Dortmund	TM30	13	0:45:04 (152)	4:05	2:58:16 (146)	2:14	1:37:35 (62)	5:27:14
111	407	Robert Truschkowski	Besi & Friends	TM50	27	0:37:57 (71)	4:45	2:55:34 (135)	2:32	1:46:41 (96)	5:27:29
112	313	Sascha Braune	Trisi	TM45	22	0:44:09 (146)	3:06	2:50:26 (112)	1:21	1:49:02 (107)	5:28:04
113	410	Dieter Tichelofen	ERDINGER ALKOHOLFREI	TM45	23	0:44:02 (145)	4:08	2:53:42 (126)	2:04	1:44:36 (90)	5:28:32
114	509	Sebastian Dobrzinski	SC Altenrheine	TM35	13	0:34:38 (35)	2:12	2:46:10 (93)	1:21	2:04:25 (145)	5:28:46
115	386	Thomas Gössler	AS Neukirchen-Vluyn	TM55	12	0:41:46 (120)	3:00	2:57:08 (142)	2:31	1:46:02 (94)	5:30:27
116	423	Jürgen Papenfuß	Kaiserjäger	TM55	13	0:44:58 (151)	3:26	2:42:58 (75)	3:12	1:57:05 (127)	5:31:39
117	413	Dieter Perau	running veg. Kevelaer	TM55	14	0:46:00 (160)	4:01	2:57:10 (143)	1:50	1:43:29 (86)	5:32:30
117	500	Michael Garcia	TSV Bocholt	TM50	28	0:39:50 (102)	3:57	2:44:36 (85)	2:29	2:01:38 (138)	5:32:30
119	317	Dr. Jörg Siegel	Siegel Triathlon Team	TM65	1	0:46:32 (164)	4:22	2:55:58 (137)	2:20	1:44:25 (88)	5:33:37
120	450	Oliver Deters	Marathon Steinfurt	TM40	17	0:45:51 (158)	2:22	2:39:49 (57)	1:32	2:04:37 (146)	5:34:11
121	398	Ronald Kontek	DSC-Wanne-Eickel-Judo-e.V	TM40	18	0:40:52 (114)	3:11	2:44:08 (81)	1:25	2:05:37 (147)	5:35:13
122	366	Bernd Wessel	Tri-Geckos Dortmund e.V.	TM55	15	0:39:36 (98)	3:58	2:51:16 (113)	3:04	1:58:39 (132)	5:36:33
123	554	Torben Reipen		TM20	5	0:41:55 (123)	4:08	2:41:26 (69)	3:16	2:05:54 (148)	5:36:39



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 16. Juni 2019



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
124	322	Berthold Krasenbrink	RTC Den Haag	TM45	24	0:43:52 (141)	3:37	2:53:58 (127)	1:31	1:54:40 (122)	5:37:38
125	481	Christian Kaden	Team Erdinger Alkoholfrei	TM30	14	0:49:40 (171)	3:57	2:47:39 (100)	1:57	1:55:06 (123)	5:38:19
126	504	Alexander Stolte		MJUN	1	0:38:43 (88)	4:02	2:55:25 (134)	2:24	1:57:51 (130)	5:38:25
127	502	Jens Gardemann	Triathlon Team Rheinberg	TM30	15	0:42:35 (133)	2:58	2:52:16 (118)	1:15	1:59:22 (133)	5:38:26
128	515	MANFRED SUCK	TV LANGENBERG	TM60	2	0:39:59 (104)	4:25	3:00:01 (149)	2:04	1:52:20 (118)	5:38:49
129	521	Stefan Gawlick	Triathlon TEAM TG Witten	TM40	19	0:45:46 (157)	2:18	2:45:56 (91)	1:31	2:04:16 (142)	5:39:47
130	512	Hans Marris		TM35	14	0:46:27 (162)	3:57	2:57:58 (145)	2:15	1:49:25 (109)	5:40:02
131	326	Frank Casimir	AS Neukirchen-Vluyn	TM50	29	0:38:10 (77)	2:45	2:45:21 (87)	1:12	2:12:40 (154)	5:40:08
131	316	Carsten Mohn		TM50	29	0:35:11 (42)	4:12	2:57:48 (144)	2:46	2:00:11 (137)	5:40:08
133	552	Linus Hauser		TM25	7	0:42:22 (130)	4:14	3:01:52 (155)	1:51	1:51:07 (112)	5:41:26
134	367	Klaus Stephanblome	Marathon Steinfurt ft. HSP Münster	TM55	16	0:43:36 (139)	3:23	3:06:13 (161)	1:58	1:47:33 (102)	5:42:43
135	325	Thorsten Gollwitzer	Triathlon Mülheim	TM40	20	0:44:46 (148)	4:28	3:00:31 (152)	2:04	1:51:11 (113)	5:43:00
136	569	Kai Uwe Dammer	LT-Bittermark Dortmund	TM30	16	0:33:57 (29)	2:29	2:53:17 (122)	2:05	2:11:35 (153)	5:43:23
137	382	Tobias Kaiser	Team-Essen99	TM50	31	0:50:13 (173)	3:54	2:58:53 (148)	1:44	1:49:29 (110)	5:44:13
138	336	Michael Mannek	AS Neukirchen-Vluyn	TM50	32	0:43:58 (142)	3:09	2:51:27 (114)	2:01	2:04:17 (143)	5:44:52
139	426	Norbert Loh	Hilderner AT	TM50	33	0:46:17 (161)	3:46	3:01:29 (154)	1:47	1:52:11 (117)	5:45:30
140	523	Eleftherios Besche	Tri-AS Hamm	TM50	34	0:40:28 (110)	4:50	2:56:44 (141)	5:06	1:59:35 (134)	5:46:43
141	439	René Göke	Triathlon Mülheim	TM40	21	0:57:23 (181)	6:50	2:52:34 (119)	4:56	1:47:07 (98)	5:48:50
142	371	Sascha Lorenz		TM40	22	0:38:15 (79)		()		2:02:34 (139)	5:49:16
142	545	Manuel ter Bekke	TriFun Kleve e.V.	TM40	22	0:41:40 (117)	2:39	2:50:02 (107)	1:33	2:13:22 (155)	5:49:16
144	446	Klaus Brinkmann	ETuS Rheine	TM55	17	0:51:06 (174)	3:57	3:03:04 (158)	2:23	1:51:45 (115)	5:52:15
145	493	Reinhold Benning	TSV Bocholt	TM55	18	0:43:59 (143)	7:12	2:58:45 (147)	2:48	1:59:35 (134)	5:52:19
146	503	Frank Wienandts	Dülkener SV 06	TM55	19	0:45:55 (159)	5:40	3:06:59 (162)	2:36	1:57:40 (128)	5:58:50
147	314	Stefan Köppen	Rock//////////n Roll	TM35	15	0:48:18 (168)	3:11	3:02:52 (157)	1:51	2:03:09 (141)	5:59:21
148	346	Stefan Kurpierz	Triminators - TV Voerde	TM35	16	0:43:08 (136)	3:04	3:05:34 (159)	2:02	2:06:57 (149)	6:00:45
149	455	Jürgen Schlütter	TSV Bocholt	TM55	20	0:51:47 (177)	3:33	3:05:45 (160)	2:12	1:59:41 (136)	6:02:58
150	312	Anton Pluim	AVN Nijkerk NL	TM50	35	0:39:32 (97)	3:43	3:14:08 (167)	2:42	2:03:02 (140)	6:03:07
151	459	Ronald Tannemaat		TM35	17	0:45:33 (156)	4:05	2:52:12 (117)	2:16	2:19:09 (161)	6:03:15



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 16. Juni 2019



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
152	353	Dr. Martin Pyka	OTV Endurance Team	TM40	24	0:39:26 (96)	3:40	2:51:41 (115)	2:26	2:27:19 (163)	6:04:32
153	538	Tom Kluitman	Triathliem	TM45	25	0:38:35 (85)	3:54	3:02:37 (156)	1:57	2:18:10 (160)	6:05:13
154	362	Georg Schulz	TV Schiefbahn Tri-Team	TM55	21	0:40:15 (106)	3:41	2:54:35 (129)	4:02	2:30:46 (165)	6:13:19
155	519	Ramon Barral Farto	Ute Mückel Triathlon e.V.	TM45	26	0:43:33 (138)	4:55	3:07:02 (163)	5:15	2:15:31 (158)	6:16:16
156	435	Christian Krause	Be strong for Kids	TM45	27	0:41:49 (121)	2:44	3:22:35 (173)	1:59	2:09:10 (151)	6:18:17
157	321	Stefan Palkowski	SC Gelsenkirchen 04	TM45	28	0:44:50 (149)	7:52	3:14:32 (168)	2:44	2:09:54 (152)	6:19:52
158	437	Stephan Heeke	Team Erdinger Alkoholfrei	TM45	29	0:44:54 (150)	5:36	3:12:33 (166)	2:36	2:17:51 (159)	6:23:30
159	409	Alex Mäteling	SV Haldern Lauftrff	TM60	3	0:55:39 (179)	3:48	3:19:22 (171)	3:07	2:04:19 (144)	6:26:15
160	307	Dominik Girek		TM25	8	0:57:09 (180)	3:29	3:10:45 (164)	2:16	2:13:45 (156)	6:27:24
161	546	Maik Janßen	SV Gladbeck 13	TM40	25	0:42:12 (127)	4:26	3:18:17 (170)	3:58	2:20:25 (162)	6:29:18
162	530	Ludolf Kerkhof	SV Haldern - Lauftreff	TM60	4	0:48:58 (169)	3:58	3:19:25 (172)	2:29	2:14:52 (157)	6:29:42
163	543	Rainer Schikora	SV Schermbeck 1912 e.V	TM60	5	0:51:26 (176)	6:10	3:26:06 (174)	2:38	2:07:26 (150)	6:33:46
164	376	Bernd Mevenkamp	DJK-Coesfeld	TM60	6	0:36:33 (50)	2:29	4:03:04 (178)	2:22	1:53:18 (119)	6:37:46
165	457	Jürgen Brüggemann	AS Neukirchen-Vluyn	TM55	22	0:52:26 (178)	4:35	3:15:25 (169)	5:12	2:33:36 (166)	6:51:14
166	320	Jacko van der Windt	Jacko	TM55	23	0:45:17 (155)	3:50	3:42:49 (177)	3:15	2:27:46 (164)	7:02:57
167	412	Eckehard Grunow	TV Borken	TM55	24	0:49:38 (170)	5:54	3:35:36 (175)	2:12	2:48:01 (168)	7:21:21
168	402	Reinhard Wagner	TS 1879 Bergisch Gladbach	TM65	2	0:59:05 (182)	5:36	3:36:24 (176)	3:13	2:39:01 (167)	7:23:19
DNF	406	Frank Timmerhues	Tri Team Steinfurt	TM50		0:36:21 (49)	3:07	2:54:39 (130)	1:53	()	
DNF	432	Kai Gewehr	LDT Bochum	TM50		0:47:03 (167)	4:09	3:12:15 (165)	2:32	()	
DNF	330	Markus Stobbe		TM30		0:34:40 (37)	3:57	2:50:12 (111)	1:58	()	
DNF	551	Michael Tempesta	AS Neukirchen-Vluyn	TM35		0:33:07 (19)	2:23	2:35:20 (41)	1:29	()	
DNF	563	Stefan Rolke	Triathlon Team Rheinberg	TM50		0:40:20 (107)	1:54	2:36:22 (46)	1:36	()	
DNF	514	Robin Weißeling	TriTeam Steinfurt	TM30		0:37:49 (70)	3:22	2:39:11 (56)	1:33	()	