



Mitteldistanz

Männer / Frauen Wertung

Bocholt, 12. Juni 2022



Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	359	Carina Fierek	HADI Wesel	TW35	1	0:42:34 (17)	2:04	2:29:56 (1)	1:25	1:17:58 (1)	4:33:57
2	423	Nina Krings		TW35	2	0:40:41 (14)	3:19	2:38:03 (5)	1:15	1:23:36 (2)	4:46:54
3	454	Anna Osthaus	TV Angermund	TW55	1	0:35:02 (5)	2:41	2:33:44 (2)	1:08	1:35:13 (5)	4:47:48
4	365	Joleen Gedwart		TW25	1	0:35:37 (6)	2:46	2:43:34 (9)	1:07	1:28:37 (4)	4:51:41
5	507	Angela Tempesta	AS Neukirchen Vluyn	TW35	3	0:34:05 (3)	1:53	2:37:13 (4)	1:10	1:39:21 (7)	4:53:43
6	355	Esther Exterkate		TW35	4	0:39:24 (13)	3:19	2:43:22 (8)	3:17	1:28:22 (3)	4:57:43
7	531	Sandra Wirth	Triathlon Team Düsseldorf	TW40	1	0:32:43 (2)	2:01	2:36:13 (3)	0:55	1:46:28 (14)	4:58:19
8	467	Rebecca Reckemeier	RRV Hameln	TW40	2	0:35:56 (7)	2:32	2:46:43 (12)	1:40	1:40:57 (8)	5:07:48
9	438	Welmoed Meindersma	Tapra	TW50	1	0:36:26 (8)	1:58	2:47:37 (13)	1:06	1:44:12 (12)	5:11:18
10	475	Nina Saller	TeamErdingerAlkoholfrei	TW40	3	0:34:46 (4)	2:16	2:43:06 (6)	1:23	1:50:08 (18)	5:11:40
11	330	Sabine Casimir	Ohne	TW55	2	0:46:08 (23)	3:01	2:45:30 (11)	1:54	1:39:15 (6)	5:15:47
12	313	Mona Beckmann	keiner	TW30	1	0:41:24 (15)	2:35	2:49:33 (14)	1:25	1:42:20 (9)	5:17:16
13	476	Stefanie Schau	Allround-Triathlon Team Kleve	TW40	4	0:36:32 (9)	2:43	2:56:14 (20)	1:19	1:44:33 (13)	5:21:22
14	370	Clara Gosebrink	Lauffreunde Hadi Wesel	TW35	5	0:39:17 (12)	2:22	2:50:48 (15)	1:24	1:50:22 (19)	5:24:14
15	406	Gudrun Kaß	SG Borken	TW50	2	0:41:33 (16)	2:53	2:55:23 (18)	2:07	1:42:30 (10)	5:24:27
16	336	Aaltje Marie Dargatz	LWT Dortmund-Ost	TW30	2	0:37:59 (10)	3:24	2:56:12 (19)	1:56	1:47:05 (15)	5:26:35
17	324	JUtta Börmann	Tri Ducks Dorsten	TW55	3	0:52:37 (28)	3:48	2:45:05 (10)	2:48	1:44:09 (11)	5:28:27
18	414	Ingrid König	SC Altenrheine	TW55	4	0:45:41 (21)	3:44	2:54:15 (17)	1:47	1:51:51 (20)	5:37:16
19	449	Anna Nickelsen		TW30	3	0:43:25 (18)	4:03	3:01:35 (23)	4:00	1:49:18 (17)	5:42:20
20	399	Dörte Kaiser	Team Essen 99	TW50	3	0:45:22 (19)	3:59	2:54:13 (16)	2:20	1:59:03 (21)	5:44:57
21	490	Olga Simon	Team Esse 99	TW40	5	0:45:22 (19)	4:00	3:08:29 (26)	2:08	1:49:03 (16)	5:49:01
22	308	Kirsten Ballhorn	LT Starlight Team Essen	TW45	1	0:45:50 (22)	3:09	2:57:15 (21)	1:16	2:04:24 (23)	5:51:53
23	481	Sabine Schneck-Henter	Marathon und Triathlon Mülheim	TW50	4	0:47:41 (24)	3:44	3:00:08 (22)	3:01	2:13:00 (25)	6:07:33
24	535	Ronja Zerbst	HSP Münster Triathlon	TW25	2	0:49:26 (25)	4:31	3:22:40 (28)	2:17	2:00:09 (22)	6:19:04
25	519	Simone van Treeck	DJK Coesfeld	TW60	1	0:52:14 (27)	6:36	3:07:54 (25)	3:19	2:29:27 (26)	6:39:30
26	500	Elvira Suck	Tv Einigkeit Langenberg	TW60	2	0:55:28 (29)	3:55	3:28:59 (29)	2:43	2:11:26 (24)	6:42:29
27	391	Monika Horn		TW50	5	0:50:40 (26)	4:32	3:03:44 (24)	2:33	2:53:07 (27)	6:54:36



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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	371	Jens Gosebrink	Triathlon Team Rheinberg	TM35	1	0:27:07 (1)	1:32	2:17:19 (2)	0:35	1:15:50 (2)	4:02:23
2	494	Andreas Sprott	Running Team Grafenberg	TM30	1	0:35:29 (37)	2:55	2:24:46 (24)	1:15	1:10:23 (1)	4:14:49
3	321	Kai Bitschinski	Triathlon Team Rheinberg	TM30	2	0:29:19 (7)	1:43	2:20:05 (8)	0:54	1:24:44 (12)	4:16:44
4	520	Bert Van Veen	Triatlon Club Twente	TM35	2	0:30:29 (9)	1:32	2:23:25 (17)	1:04	1:21:02 (6)	4:17:32
5	447	Florian Benjamin Müller	Pluggendorfer Kreisel	TM35	3	0:33:35 (22)	2:31	2:20:11 (9)	0:50	1:22:18 (8)	4:19:25
6	459	Moritz Pohl	SC Bayer 05 Uerdingen	TM25	1	0:27:16 (3)	1:21	2:23:33 (18)	0:54	1:26:38 (20)	4:19:42
7	446	Christoph Müller	TRC Essen 84	TM40	1	0:34:29 (27)	1:35	2:21:10 (11)	1:08	1:21:44 (7)	4:20:05
8	429	Sebastian Kusch	Tri Club Wuppertal	TM35	4	0:33:56 (24)	1:45	2:22:08 (16)	1:04	1:22:36 (9)	4:21:29
9	350	Matthias Elskamp	ASV Köln Triathlon	TM50	1	0:30:43 (10)	2:18	2:21:29 (12)	1:20	1:25:51 (17)	4:21:42
10	385	Tim Hezemans	TV Triade (NL)	TM30	3	0:29:24 (8)	2:15	2:25:09 (25)	1:01	1:24:01 (11)	4:21:49
11	530	Andre Winkelhorst	TV Westfalia 07 Epe	TM45	1	0:38:24 (75)	2:26	2:21:48 (14)	0:51	1:19:00 (4)	4:22:28
12	525	Edwin Wentink	TC Twente	TM40	2	0:38:07 (70)	1:47	2:21:45 (13)	1:21	1:20:01 (5)	4:23:01
13	322	Ole Bolin	Tricologne eV	TM30	4	0:34:54 (30)	2:11	2:25:38 (26)	1:37	1:18:44 (3)	4:23:05
14	473	Sebastian Rottstegge	Hamminkelter SV	TM35	5	0:37:35 (61)	2:49	2:19:02 (6)	0:58	1:25:26 (15)	4:25:50
15	412	Gerrit-Jan Klok		TM45	2	0:36:51 (52)	3:14	2:18:39 (5)	0:55	1:30:54 (34)	4:30:33
16	306	Sjors Bakker		TM30	5	0:35:34 (39)	3:40	2:24:24 (21)	1:58	1:26:16 (19)	4:31:52
17	433	Youri Lentjes		TM35	6	0:39:20 (79)	2:38	2:20:26 (10)	1:40	1:29:32 (25)	4:33:36
18	352	Gerrit Elvers		TM25	2	0:37:41 (64)	2:01	2:17:57 (3)	2:27	1:33:44 (44)	4:33:50
19	518	Marco van Dijk	Triathliem	TM55	1	0:35:35 (41)	2:09	2:18:36 (4)	1:15	1:36:30 (51)	4:34:05
20	510	Patrick Tewordt	TCEC Mainz	TM35	7	0:35:47 (43)	3:01	2:28:53 (32)	1:27	1:26:50 (21)	4:35:58
21	489	Christian Silkenbeumer	BSG Berufsfeuerwehr Münster	TM35	8	0:38:09 (72)	2:22	2:24:41 (23)	1:15	1:29:51 (28)	4:36:16
22	450	André Niederberghaus	DJK Coesfeld	TM45	3	0:34:45 (28)	2:19	2:23:39 (19)	1:59	1:33:38 (43)	4:36:20
23	503	Bob Takken		TM45	4	0:37:34 (60)	2:47	2:22:07 (15)	1:27	1:33:36 (42)	4:37:30
24	499	Christian Storzer	RWO	TM50	2	0:32:17 (14)	2:09	2:37:06 (64)	1:29	1:24:59 (14)	4:38:00
25	398	Stefan Kafitz	TRC Essen 84	TM40	3	0:42:30 (105)	2:35	2:19:17 (7)	1:18	1:33:18 (41)	4:38:59
26	333	Andrei Crisan	Bocholter WSV	TM35	9	0:34:09 (25)	2:20	2:30:48 (39)	1:17	1:30:36 (31)	4:39:10
27	482	Kai Schrameyer	Marathon Ibbenbüren	TM35	10	0:38:01 (67)	3:35	2:25:46 (27)	1:24	1:31:26 (36)	4:40:11
28	515	Tom Tiggeloven		TM35	11	0:32:54 (17)	2:15	2:36:25 (62)	1:14	1:27:38 (22)	4:40:26



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29	504	Marc Tarrach	TriTeam Hagen	TM40	4	0:44:21 (113)	3:02	2:26:20 (28)	0:56	1:26:09 (18)	4:40:48
30	532	Thomas Wirth	Triathlon Team Düsseldorf	TM45	5	0:38:21 (74)	3:28	2:28:44 (31)	1:06	1:29:42 (27)	4:41:22
31	303	Marc Altena	Triathlon Club Twente	TM40	5	0:32:40 (15)	2:20	2:23:39 (20)	1:19	1:42:06 (68)	4:42:04
32	343	Noud Doeleman		TM30	6	0:38:11 (73)	3:16	2:33:33 (54)	1:23	1:25:45 (16)	4:42:07
33	345	Christoph Dörken	TriCologne	TM35	12	0:33:21 (20)	2:38	2:35:42 (60)	1:33	1:30:43 (32)	4:43:57
34	374	Markus Haschke	Triathlon Team Ratingen 08	TM50	3	0:36:53 (54)	3:51	2:31:14 (41)	1:59	1:30:06 (29)	4:44:04
35	318	Jürgen Berghaus	Tri Team Steinfurt	TM30	7	0:39:10 (77)	1:47	2:38:00 (67)	1:00	1:24:48 (13)	4:44:45
36	428	Waldemar Kuhnert	Triminators TV Voerde	TM55	2	0:36:52 (53)	2:17	2:33:32 (53)	1:26	1:30:49 (33)	4:44:56
37	460	Hendrik Post	LSF Münster	TM45	6	0:31:48 (12)	2:49	2:29:51 (35)	1:13	1:40:09 (60)	4:45:49
38	344	Frank Dombek	Allround Triathlon Team Kleve	TM55	3	0:40:30 (82)	2:49	2:30:28 (37)	1:39	1:31:04 (35)	4:46:29
39	465	Rob Rave	SSF Bonn	TM55	4	0:35:45 (42)	3:03	2:32:25 (46)	1:21	1:34:05 (45)	4:46:38
40	338	Thomas de Nocker	TRC 84 Essen	TM40	6	0:41:49 (98)	2:38	2:31:01 (40)	1:41	1:29:40 (26)	4:46:49
41	472	Daniel Rohring	1. Tri-Club Paderborn	TM50	4	0:33:33 (21)	3:07	2:35:34 (59)	1:21	1:35:58 (50)	4:49:34
42	369	Stephan Gorau	Dülkener SV 06	TM45	7	0:33:53 (23)	2:41	2:43:31 (87)	1:42	1:28:11 (23)	4:49:58
43	441	Kai Milbradt	Captain Morgan Pokerteam	TM35	13	0:36:36 (47)	4:48	2:38:02 (68)	1:26	1:29:11 (24)	4:50:02
44	522	Thorsten Wagener	RWO Endurance Team	TM50	5	0:37:16 (57)	2:45	2:31:32 (42)	2:01	1:36:50 (52)	4:50:24
45	340	Bernd Diekmann	Lauffreunde HADI Wesel	TM50	6	0:46:38 (127)	2:25	2:37:28 (66)	1:19	1:23:02 (10)	4:50:52
46	411	Guido Klein-Hitpaß	TSV Bocholt	TM45	8	0:41:56 (100)	3:21	2:30:12 (36)	1:42	1:34:49 (48)	4:52:00
47	377	Karsten Hegemann	Triathlon Team Ratingen 08	TM55	5	0:41:11 (92)	2:42	2:34:32 (56)	1:57	1:31:57 (37)	4:52:19
48	448	Najib Nassar	TRC Essen 84	TM45	9	0:36:04 (44)	2:58	2:39:12 (74)	2:07	1:32:19 (38)	4:52:41
49	397	Christoph Jeromin	Emscher-Ruhr-Connection	TM45	10	0:32:53 (16)	3:50	2:32:01 (43)	2:52	1:41:26 (67)	4:53:02
50	445	Udo Möllmann	TSV Bocholt	TM50	7	0:41:30 (95)	3:21	2:33:26 (52)	2:34	1:32:21 (39)	4:53:12
51	466	Andreas Reckemeier	RRV Hameln	TM55	6	0:37:33 (59)	2:12	2:32:07 (44)	1:16	1:41:16 (66)	4:54:24
52	387	Mark Hinz		TM45	11	0:29:03 (6)	2:54	2:44:09 (91)	1:03	1:37:37 (55)	4:54:45
53	372	Martijn Groenendaal	Triathliem	TM45	12	0:38:08 (71)	1:59	2:36:18 (61)	1:45	1:37:25 (54)	4:55:35
54	464	Erik Rathje	Tri-Geckos Dortmund e.V.	TM25	3	0:38:02 (68)	2:51	2:37:10 (65)	1:37	1:37:02 (53)	4:56:42
55	320	Klaus Birkendorf	Tri-Geckos Dortmund	TM50	8	0:35:28 (36)	1:54	2:33:25 (51)	1:23	1:44:34 (79)	4:56:43
56	427	Rene Kuhnert	TV Voerde Triminators	TM25	4	0:32:06 (13)	2:04	2:46:43 (95)	1:54	1:34:36 (46)	4:57:21



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57	390	Marc Holtwick		TM50	9	0:40:55 (89)	3:51	2:29:44 (34)	2:14	1:40:41 (62)	4:57:26
58	366	Dominik Girek	TSV Bocholt	TM25	5	0:39:14 (78)	2:18	2:30:37 (38)	1:55	1:44:34 (78)	4:58:38
59	364	Thomas Fuchs	SSF Bonn Triathlon	TM60	1	0:31:28 (11)	2:06	2:35:00 (57)	0:57	1:52:35 (102)	5:02:07
60	408	Oliver Kesche		TM40	7	0:46:26 (125)	2:29	2:40:43 (79)	2:03	1:30:28 (30)	5:02:11
61	367	Peter Glotz	Triathlon Team Rheinberg	TM55	7	0:36:45 (50)	3:05	2:33:01 (48)	1:35	1:48:47 (93)	5:03:13
62	386	Christof Hilbers		TM50	10	0:41:00 (90)	7:52	()		1:33:13 (40)	5:03:19
63	420	Thorsten Kräher	TV Werne 03 Wasserfreunde e.V.	TM40	8	0:37:39 (62)	2:30	2:38:13 (69)	2:58	1:42:14 (71)	5:03:34
64	395	Olaf Jennen	TV Goch	TM50	11	0:38:05 (69)	3:52	2:38:25 (70)	2:04	1:42:13 (70)	5:04:38
65	486	Jan Schütt	TriCologne	TM35	14	0:35:20 (34)	2:26	2:33:19 (50)	2:03	1:51:36 (99)	5:04:44
66	511	Florian Theurich		TM45	13	0:33:17 (19)	3:29	()		1:39:08 (58)	5:04:47
67	536	Olivier Zimmer		TM55	8	0:41:17 (93)	3:36	2:32:22 (45)	1:35	1:46:41 (85)	5:05:30
68	342	Tobias Dilkaute	Kevelaerer SV	TM40	9	0:37:10 (56)		()		1:38:34 (56)	5:06:19
69	328	Sebastian Buss		TM45	14	0:35:19 (33)	3:20	2:45:56 (93)	1:18	1:40:48 (63)	5:06:40
70	319	Alexander Bily	Tri-Geckos Dortmund e.V.	TM50	12	0:36:30 (46)	2:36	2:41:28 (81)	2:49	1:43:35 (73)	5:06:57
71	351	Dennis Elsweier	Eintracht Frankfurt Triathlon	TM40	10	0:37:00 (55)	2:40	2:42:22 (85)	1:16	1:44:09 (77)	5:07:26
72	491	Ilja Simon	Team Essen 99	TM40	11	0:45:43 (122)	3:28	2:28:38 (30)	2:34	1:47:34 (89)	5:07:57
73	413	Josef Schncklake	1. FC Nürnberg	TM50	13	0:35:16 (32)	3:30	2:40:00 (77)	2:10	1:48:21 (91)	5:09:16
74	492	Patrick Sjuts	Laufwerk Ruhr	TM30	8	0:41:51 (99)	2:58	2:29:36 (33)	1:20	1:53:35 (103)	5:09:20
75	354	Pavel Evstratov	SC Altenrheine	TM35	15	0:44:23 (115)	3:36	2:39:06 (72)	3:57	1:38:53 (57)	5:09:55
76	514	Daniel Tiggelbeck	Nordtriathleten Oberhausen	TM35	16	0:35:32 (38)	3:26	2:33:17 (49)	1:33	1:56:12 (109)	5:09:59
77	533	Ralf Worrech	SV - Delphin Dorsten	TM60	2	0:40:49 (87)	2:37	2:37:04 (63)	1:18	1:48:46 (92)	5:10:34
78	307	Berthold Balg	SSF Bonn	TM50	14	0:35:28 (35)	2:47	2:44:25 (92)	1:11	1:47:15 (88)	5:11:06
79	468	Manfred Ricklin	SC Altenrheine	TM65	1	0:42:14 (102)	4:05	2:33:45 (55)	1:38	1:50:30 (97)	5:12:12
80	437	Jürgen Mann	Tri Team Ruhrpott Herne eV	TM50	15	0:46:50 (129)	3:11	2:40:15 (78)	1:58	1:40:01 (59)	5:12:14
81	527	Joachim Wilken		TM60	3	0:40:34 (84)	2:22	2:47:57 (101)	1:11	1:40:33 (61)	5:12:36
82	483	Pascal Schrempp		TM40	12	0:43:37 (111)	4:14	2:39:43 (76)	1:21	1:44:50 (80)	5:13:45
83	384	Thomas Heyer	ASV Süchteln	TM50	16	0:44:10 (112)	2:22	2:39:03 (71)	1:48	1:46:46 (87)	5:14:09
84	537	Christian Zylka	TuS Breitscheid 72/89 e.V.	TM50	17	0:34:50 (29)	3:10	2:42:19 (84)	1:41	1:52:28 (101)	5:14:29



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85	409	Stefan Kesche		TM35	17	0:44:32 (116)	3:06	2:42:00 (83)	1:13	1:43:40 (74)	5:14:31
86	316	Andreas Belting	SC Bayer 05 Uerdingen e.V.	TM45	15	0:36:41 (48)	2:41	2:32:51 (47)	2:50	2:00:08 (117)	5:15:11
87	329	Frank Casimir	ohne	TM55	9	0:40:40 (86)		()		1:43:50 (75)	5:15:47
88	470	Stephan Ringendahl	ASV Süchteln	TM50	18	0:47:03 (131)	3:28	2:39:12 (75)	1:26	1:45:38 (83)	5:16:46
89	312	Bastian Beckers	TuS Oedt	TM40	13	0:46:26 (124)	3:04	2:51:10 (110)	1:56	1:35:27 (49)	5:18:02
90	317	SVen Bendick	Tri-Ducks Dorsten	TM40	14	0:35:34 (40)	2:26	2:43:40 (88)	1:48	1:55:23 (106)	5:18:52
91	493	Michael Skoerys	Triathlon Team Ratingen 08	TM55	10	0:41:37 (96)	4:12	2:43:16 (86)	1:31	1:48:55 (94)	5:19:31
92	434	Florian Lenz	HSP Münster	TM30	9	0:44:22 (114)	3:29	2:49:00 (104)	1:47	1:41:02 (64)	5:19:40
93	506	Patrick Temmler	Triathlon Mülheim	TM50	19	0:36:48 (51)	2:59	2:39:09 (73)	1:10	1:59:48 (115)	5:19:53
94	376	Linus Hauser		TM30	10	0:42:28 (104)	4:48	2:48:26 (103)	2:42	1:42:10 (69)	5:20:34
95	526	Tim Westheider	SG Borken	TM35	18	0:46:40 (128)	3:03	2:48:24 (102)	2:24	1:41:03 (65)	5:21:34
96	513	Dieter Tichelofen	Erdinger Alkoholfrei	TM50	20	0:45:52 (123)	4:46	2:44:06 (90)	1:43	1:45:49 (84)	5:22:17
97	426	Dietmar Krüll	FTV1905 Fischeln	TM50	21	0:36:11 (45)	2:37	2:43:55 (89)	1:27	2:00:58 (119)	5:25:07
98	334	Kai Uwe Dammer	Tri-Geckos Dortmund e. V.	TM35	19	0:34:17 (26)	2:52	2:47:47 (98)	2:12	1:58:03 (111)	5:25:11
99	451	Frank Niehues	Marathon Ibbenbüren	TM50	22	0:41:23 (94)	3:25	2:47:52 (99)	2:02	1:50:32 (98)	5:25:14
100	509	Lars Terörde	Triathlon Team Ratingen 08	TM50	23	0:42:19 (103)	3:24	()		1:55:15 (105)	5:25:30
101	347	André Droste	Trifun Hennesee	TM30	11	0:28:24 (5)	4:04	2:35:16 (58)	2:43	2:15:08 (129)	5:25:34
102	442	Kai Mittermüller	LWT Dortmund-Ost	TM20	1	0:44:37 (117)	4:07	2:50:38 (108)	1:49	1:45:24 (82)	5:26:35
103	452	Christian Nienhaus	AusdauerTEAM-Vreden e. V.	TM45	16	0:45:34 (121)	2:44	2:49:36 (106)	1:35	1:47:42 (90)	5:27:11
104	323	Sascha Bollmann	Tri Team Ruhrpott Herne e.V.	TM35	20	0:39:51 (80)	3:35	2:59:49 (127)	2:17	1:42:24 (72)	5:27:56
105	378	Marcel Heinen	Allround Triathlon Team Kleve	TM50	24	0:40:38 (85)	2:56	2:51:21 (112)	1:36	1:51:39 (100)	5:28:11
106	425	wim kruis		TM45	17	0:44:37 (118)	2:48	2:49:20 (105)	1:19	1:50:07 (95)	5:28:12
107	337	Dustin Dargatz		TM30	12	0:41:45 (97)	4:10	2:46:16 (94)	1:42	1:55:30 (107)	5:29:23
108	326	Martin Brudereck	Sparta 4 fun	TM55	11	0:52:27 (139)	3:44	2:57:43 (125)	1:11	1:34:36 (46)	5:29:41
109	495	Dirk Stehr	Kevelaerer SV 1890/1920 e. V.	TM50	25	0:43:00 (109)	3:22	2:46:57 (96)	1:58	1:54:31 (104)	5:29:48
110	419	Volker Kozlowski	Tri-Geckos Dortmund	TM50	26	0:42:14 (101)	3:59	2:55:07 (120)	3:28	1:45:10 (81)	5:29:58
111	480	Niklas Schmitz		TM30	13	0:47:10 (133)	3:17	2:51:14 (111)	1:35	1:46:43 (86)	5:29:58
112	505	Bernhard Teller		TM30	14	0:37:49 (65)	3:32	2:41:10 (80)	1:53	2:10:41 (125)	5:35:06

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
113	349	Michael Einert	TriTeam Steinfurt	TM25	6	0:34:58 (31)	2:29	2:47:35 (97)	2:41	2:09:21 (124)	5:37:04
114	484	Sven Schuhmann		TM30	15	0:42:57 (108)	4:07	2:53:49 (116)	2:25	1:55:55 (108)	5:39:12
115	435	Jan Niklas Lindtner	HSP Münster Triathlon	TM25	7	0:50:53 (137)	4:52	3:00:40 (128)	1:16	1:44:07 (76)	5:41:47
116	469	Jaap Rikken	Triathliem	TM55	12	0:32:58 (18)	1:55	2:49:37 (107)	2:51	2:14:46 (128)	5:42:08
117	346	Jörg Dr. Siegel	Siegel Triathlon Team	TM70	1	0:49:45 (135)	4:58	2:55:31 (122)	2:38	1:50:12 (96)	5:43:05
118	501	Manfred Suck	TV Einigkeit Langenberg	TM65	2	0:44:47 (119)	4:13	2:53:51 (117)	2:10	1:58:25 (113)	5:43:27
119	478	Dieter Schlieckmann	Tri Team Steinfurt	TM65	3	0:39:59 (81)	3:55	2:53:37 (113)	2:21	2:04:11 (122)	5:44:03
120	440	Bernd Mevenkamp	DJK Coesfeld	TM60	4	0:37:52 (66)	3:21	3:01:16 (129)	2:12	2:00:56 (118)	5:45:37
121	404	Dirk Kandler	SV Gladbeck 13	TM45	18	0:42:43 (106)	4:55	2:53:40 (115)	3:18	2:02:53 (120)	5:47:29
122	310	Ramon Barral Farto	Ute Mückel Triathlon e.V.	TM50	27	0:45:08 (120)	4:29	2:51:05 (109)	1:51	2:06:39 (123)	5:49:11
123	421	Berthold Krasenbrink	Rtc Den Haag	TM50	28	0:49:52 (136)	4:36	2:55:28 (121)	1:54	1:58:20 (112)	5:50:11
124	381	Bernd Hermans	Allround Triathlon Team Kleve	TM55	13	0:40:34 (83)	2:44	2:54:33 (118)	2:17	2:10:47 (126)	5:50:55
125	431	Olaf Lazar	BSG Volksbank Niederrhein	TM30	16	0:47:04 (132)	3:16	2:54:55 (119)	2:50	2:04:07 (121)	5:52:12
126	471	Jörg Rohmann	Tri Team Ruhrpott Herne	TM55	14	0:37:32 (58)	6:08	2:47:55 (100)	2:51	2:18:17 (133)	5:52:42
127	373	Torsten Gronemann	Marathon Ibbenbüren	TM50	29	0:39:00 (76)	5:12	2:53:39 (114)	3:10	2:15:28 (131)	5:56:29
128	388	Markus Hofer	Team Essen 99	TM40	15	0:46:31 (126)	3:37	3:10:29 (134)	2:35	1:56:17 (110)	5:59:29
129	356	Guido Falk	SV Gladbeck 13	TM55	15	0:52:42 (140)	5:26	3:02:44 (130)	3:21	1:58:38 (114)	6:02:52
130	534	Michael Wünnemann	TriCity	TM50	30	0:43:18 (110)	4:12	2:58:43 (126)	3:15	2:16:01 (132)	6:05:29
131	461	Martin Pyka	RWO Endurance Team	TM45	19	0:42:57 (107)	4:01	2:57:31 (124)	1:58	2:19:41 (134)	6:06:09
132	358	Yves Fiedler-Valckx	Tri Team Selm	TM50	31	0:48:39 (134)	4:09	2:55:36 (123)	3:02	2:15:10 (130)	6:06:35
133	521	Jörg Vormbrock	power & pace	TM55	16	0:36:44 (49)	4:02	3:09:42 (133)	5:46	2:12:25 (127)	6:08:39
134	436	Dirk Magnus	LG Emsdetten Tri-Team	TM45	20	0:47:00 (130)	4:38	3:08:06 (132)	2:01	2:28:13 (136)	6:29:58
135	458	Anton Pluim	AV Nijkerk	TM55	17	0:41:09 (91)	3:50	3:22:01 (135)	3:22	2:24:27 (135)	6:34:49
136	497	Klaus Stephanblome	Marathon Steinfurt ft, HSP Münster Triathlon	TM55	18	1:21:22 (141)	5:27	3:06:51 (131)	2:05	1:59:51 (116)	6:35:36
137	529	Jacko Windt van der		TM55	19	0:50:58 (138)	5:11	3:31:13 (136)	5:06	2:28:59 (137)	7:01:26