



Bocholter Distanz

Männer / Frauen Wertung

Bocholt, 12. Juni 2022



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	111	Tim Lammers	WEICON Tri Finish	TM30	1	0:28:29 (35)	2:00	0:58:59 (1)	1:10	0:36:03 (1)	2:06:41
2	5	Armin Gero Beus	TriFUN Kleve e.V.	TM25	1	0:24:18 (5)	2:20	1:05:06 (9)	1:04	0:39:33 (3)	2:12:21
3	35	Jan Eggert	Tri Club Wuppertal	TM45	1	0:24:45 (9)	2:27	1:05:04 (8)	1:38	0:39:52 (4)	2:13:46
4	219	Johannes Wurm	TSVE 1890 Bielefeld	TM25	2	0:23:43 (3)	2:17	1:05:48 (13)	1:22	0:41:52 (9)	2:15:01
5	154	Matthias Schierbaum	SV Blau-Weiß Bochum	TM45	2	0:26:38 (24)	2:18	1:03:25 (5)	1:51	0:42:45 (12)	2:16:57
6	221	Adrian Zingler	RSF Borken	TM25	3	0:23:27 (2)	1:59	1:08:48 (36)	1:35	0:41:27 (7)	2:17:15
7	72	Arndt Henkel	Tri Ducks Dorsten	TM40	1	0:30:06 (53)	3:01	1:02:08 (3)	1:56	0:41:32 (8)	2:18:43
8	50	Oliver Funke	Hürdenschwimmer Rhede	TM45	3	0:24:38 (8)	2:53	1:08:57 (37)	1:36	0:40:43 (5)	2:18:46
9	165	Andreas Schmitz	SSK Kerpen	TM35	1	0:24:26 (7)	2:32	1:05:15 (10)	1:11	0:45:28 (27)	2:18:52
10	30	Timm Diekenbrock	Tri Ducks Dorsten	TM40	2	0:24:24 (6)	2:37	1:07:57 (27)	1:38	0:43:52 (17)	2:20:28
11	36	Erik Engelhardt	FamilyAffairs	TM20	1	0:25:05 (10)	3:06	1:06:40 (19)	2:22	0:43:48 (16)	2:21:01
12	10	Thomas Boenke	TriFUN Kleve e.V.	TM35	2	0:25:15 (12)	2:13	1:06:38 (18)	1:17	0:45:41 (29)	2:21:04
13	25	Manuel Crass	SV Gladbeck 13	TM30	2	0:27:34 (28)	2:31	1:08:34 (33)	1:45	0:40:44 (6)	2:21:07
14	176	Peter Siepermann	Tus 09 Erkenschwick	TM45	4	0:28:55 (40)	3:00	1:03:57 (6)	2:35	0:43:36 (14)	2:22:03
15	181	Klemens Stang	TV Goch	TM55	1	0:28:28 (34)	2:35	1:03:23 (4)	1:33	0:46:40 (35)	2:22:39
16	124	Simon Malburg	RSF Borken	TM30	3	0:28:54 (38)		()		0:44:26 (18)	2:23:17
17	13	Dirk Bormacher	Dülkener SV	TM50	1	0:26:23 (21)	3:33	1:04:00 (7)	1:45	0:47:45 (42)	2:23:25
18	185	Andre Stiller		TM45	5	0:31:37 (65)	2:35	1:05:29 (11)	1:39	0:42:14 (11)	2:23:34
19	184	Martin Stertenbrink	ASC Ahlem	TM40	3	0:29:49 (47)	2:47	1:05:44 (12)	1:58	0:43:37 (15)	2:23:55
20	93	Hermann Kemper	TV Goch	TM60	1	0:26:24 (23)	2:30	1:08:34 (33)	1:44	0:44:44 (19)	2:23:56
21	88	Björn Jansen	DJK SF 97/30 Lowick	TM40	4	0:33:19 (86)	4:00	1:08:02 (28)	1:52	0:37:02 (2)	2:24:14
22	116	Axel Lenders	Allround Triathlon Team Kleve	TM50	2	0:28:10 (32)	3:01	1:06:28 (17)	1:37	0:45:02 (22)	2:24:19
23	172	Tim Seifert	W+F Münster	TM30	4	0:25:22 (13)	2:25	1:08:38 (35)	1:22	0:46:43 (36)	2:24:31
24	37	Ingo Engelhardt	FamilyAffairs	TM45	6	0:27:38 (30)	3:22	1:06:16 (14)	1:58	0:46:51 (37)	2:26:05
25	190	Michael Tempesta	AS Neukirchen-Vluyn	TM35	3	0:25:58 (17)	2:58	1:07:19 (21)	1:26	0:49:13 (46)	2:26:53
26	96	Marc Knepper	Hamminkelter SV	TM35	4	0:29:23 (44)	3:42	1:06:19 (15)	1:31	0:46:01 (32)	2:26:56
27	54	Jürgen Gehling	SUS Stadtlohn Triathlon	TM50	3	0:26:14 (20)	3:07	1:07:48 (26)	1:22	0:48:32 (45)	2:27:03
28	69	Andreas Heitz	Hürdenschwimmer Rhede	TM45	7	0:27:27 (27)	3:34	1:07:26 (22)	1:42	0:47:36 (41)	2:27:44



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29	209	Lennard Weide	HSP Münster Triathlon	TM20	2	0:25:32 (14)	3:04	1:14:41 (76)	1:57	0:43:00 (13)	2:28:14
30	179	Felix Sommerfeld	SuS Schalke 1896	TM20	3	0:33:00 (81)	1:52	1:07:26 (23)	1:34	0:45:16 (23)	2:29:09
31	201	Vincent van der Wal		TM50	4	0:28:43 (37)	4:05	1:09:21 (39)	2:12	0:45:00 (21)	2:29:19
32	123	Benjamin Wolbert	TVG Kaiserau	TM35	5	0:29:03 (41)	3:29	1:09:22 (40)	1:39	0:45:50 (30)	2:29:23
33	66	Heiner Harink	LC Nordhorn	TM35	6	0:33:01 (82)	3:05	1:09:38 (44)	1:51	0:42:14 (10)	2:29:48
34	43	Anton Fehling	RWO Endurance Team	TM25	4	0:31:58 (68)	3:32	1:07:39 (25)	1:58	0:45:21 (25)	2:30:27
35	141	Yorick Peters		TM30	5	0:27:35 (29)	3:19	1:12:03 (58)	1:47	0:46:00 (31)	2:30:44
36	183	Bernhard Steidl	Triathlon Team Rheinberg	TM55	2	0:25:38 (15)	2:49	1:09:31 (43)	1:43	0:52:08 (59)	2:31:49
37	58	Thorsten Gollwitzer	Marathon und Triathlon Mülheim	TM45	8	0:30:41 (61)	3:28	1:10:35 (48)	1:59	0:45:34 (28)	2:32:18
38	173	Jens Selders	TriFUN Kleve e.V.	TM45	9	0:33:00 (80)	3:08	1:07:02 (20)	2:10	0:47:15 (40)	2:32:35
39	48	Marius Fritz		TM30	6	0:33:51 (91)	2:43	1:08:21 (30)	1:50	0:47:00 (39)	2:33:46
40	175	Wolfgang Overbeck		TM45	10	0:29:58 (50)	2:56	1:13:09 (64)	1:53	0:46:08 (33)	2:34:03
41	92	Lars Kathage		TM30	7	0:33:15 (84)	3:34	1:08:30 (32)	2:07	0:46:59 (38)	2:34:25
42	133	Mario Muhren	ASV Duisburg	TM60	2	0:30:05 (52)	3:15	1:13:30 (67)	1:41	0:46:14 (34)	2:34:44
43	49	Sebastian Fromme	Bocholter WSV	TM30	8	0:24:08 (4)	2:52	1:14:04 (71)	1:14	0:52:45 (64)	2:35:02
44	216	Martin Wissing	TSV Bocholt	TM50	5	0:29:27 (45)	3:22	1:07:37 (24)	2:39	0:52:07 (58)	2:35:11
45	31	Jörg Diekmann		TM40	5	0:30:13 (58)	2:30	1:12:42 (63)	1:40	0:48:16 (43)	2:35:21
46	131	Frank Möllmannb		TM50	6	0:29:19 (43)	3:37	1:09:58 (46)	3:13	0:50:02 (52)	2:36:09
47	78	Uwe Hilgers	AS Neukirchen-Vluyn	TM50	7	0:32:05 (70)	3:46	1:09:27 (42)	1:46	0:49:38 (48)	2:36:43
48	164	Sascha Schmidt	TV Herbeck	TM30	9	0:27:13 (25)	3:28	1:12:14 (62)	2:14	0:52:03 (57)	2:37:13
49	136	Michael Niemann	Feuerwehr Bocholt	TM35	7	0:30:11 (56)	3:00	1:15:44 (85)	3:02	0:45:22 (26)	2:37:18
50	199	Thomas van den Heuvel		TM50	8	0:33:53 (92)	2:17	1:09:12 (38)	2:03	0:50:55 (53)	2:38:19
51	53	Rolf Gehlhaar	Vereinslos	TM50	9	0:26:12 (19)		()		0:55:45 (82)	2:38:45
52	102	Udo Koopmann	Reeser SC Triathlon	TM55	3	0:29:55 (49)	3:05	1:11:36 (54)	1:49	0:52:22 (61)	2:38:46
53	84	Michael Ihling	Bocholter WSV	TM30	10	0:22:14 (1)	3:43	1:15:12 (80)	1:26	0:56:32 (85)	2:39:06
54	32	Jens Dönnebrink		TM30	11	0:29:52 (48)	3:24	1:12:10 (60)	2:04	0:53:29 (67)	2:40:58
55	205	Tobias Vöcker		TM30	12	0:35:54 (103)	4:05	1:14:26 (73)	1:47	0:44:51 (20)	2:41:03
56	59	Roger Gottwald	RWO Endurance Team	TM55	4	0:28:54 (39)	4:12	1:11:57 (57)	2:09	0:53:56 (72)	2:41:07



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57	108	Markus Kühn	DAVID-Wirbelsäulenkonzept Bocholt	TM40	6	0:32:07 (71)	4:47	1:08:24 (31)	2:07	0:54:17 (75)	2:41:41
58	156	Bernhardt Schlaak	PSV Bonn Triathlon e.V.	TM60	3	0:25:46 (16)	3:53	1:10:57 (52)	2:23	0:59:04 (93)	2:42:03
59	119	Sascha Lorenz	TriFun Kleve	TM45	11	0:28:12 (33)	3:31	()		0:57:40 (88)	2:42:11
60	46	Daniel Fink		TM35	8	0:30:10 (54)	3:10	1:14:57 (77)	1:42	0:52:32 (63)	2:42:31
61	191	Andreas Tenbrock-Ingenhorst	Reeser SC	TM55	5	0:35:36 (101)	4:06	1:08:13 (29)	1:46	0:53:21 (66)	2:43:02
62	212	Raimund Weyers	TSV Bocholt	TM50	10	0:30:11 (56)	4:32	1:13:16 (65)	2:02	0:53:33 (70)	2:43:34
63	214	Markus Wischolek	Altenessen - Cycling e.V.	TM50	11	0:35:47 (102)	4:38	1:10:41 (49)	3:07	0:49:52 (51)	2:44:05
64	200	Tobias van der Linde	TuB Mussum	TM35	9	0:34:09 (93)	3:35	1:14:36 (74)	2:18	0:49:42 (50)	2:44:20
65	61	Niklas Groß-Hardt	TRISTAR	TM35	10	0:25:05 (11)	2:57	1:16:19 (89)	1:46	0:58:13 (90)	2:44:20
66	122	Ulf Mainzer	TTD Düsseldorf	TM55	6	0:34:22 (95)	5:17	1:13:37 (68)	2:47	0:48:27 (44)	2:44:30
67	168	Achim Schroten	SC Bayer 05 Uerdingen	TM65	1	0:30:33 (60)	3:58	1:15:35 (84)	2:32	0:52:02 (56)	2:44:40
68	42	Gergö Fehér		TM30	13	0:32:40 (76)	4:19	1:15:27 (83)	3:10	0:49:17 (47)	2:44:52
69	44	Patrick Fellingner	Tri-Ducks Dorsten	TM40	7	0:27:21 (26)	3:36	1:12:08 (59)	1:54	1:00:07 (94)	2:45:06
70	129	Benedikt Methling		TM35	11	0:33:51 (90)	3:52	1:13:23 (66)	1:48	0:52:15 (60)	2:45:08
71	11	Frank Böhmer	TriFun Kleve	TM45	12	0:26:04 (18)	3:38	1:11:44 (55)	1:57	1:01:58 (99)	2:45:21
72	64	Ruediger Gurny	Reeser SC	TM55	7	0:29:17 (42)	3:46	1:14:37 (75)	2:45	0:55:18 (80)	2:45:43
73	117	Thomas Lenzing	Tri Team Ruhrpott Herne	TM40	8	0:34:43 (98)	3:53	1:13:56 (70)	2:12	0:51:23 (54)	2:46:07
74	34	Fabian Drost		TM25	5	0:31:50 (66)	3:34	1:13:45 (69)	1:53	0:55:09 (78)	2:46:10
75	196	Peter Trockel	Tri Ducks Dorsten	TM45	13	0:32:18 (73)	4:16	1:10:50 (51)	2:53	0:56:15 (83)	2:46:32
76	160	Martin Schlütter	TSV Bocholt	TM60	4	0:32:57 (78)	5:18	1:15:03 (78)	3:34	0:49:41 (49)	2:46:33
77	132	Andreas Mörke	Gegenwind	TM40	9	0:32:57 (79)	4:33	1:14:11 (72)	1:58	0:53:57 (73)	2:47:37
78	99	Ronald Kontek	Turnbeutelvergesser	TM45	14	0:32:03 (69)	3:14	1:10:02 (47)	1:54	1:00:30 (95)	2:47:43
79	149	Nikolaus Ridder	TSV Bocholt	TM50	12	0:30:11 (55)	4:07	1:16:21 (90)	2:34	0:54:52 (77)	2:48:04
80	70	Marvin Hellmann		TM30	14	0:27:54 (31)	4:20	1:20:24 (101)	1:46	0:54:15 (74)	2:48:41
81	109	Martin Kühn	TriTeam Radevormwald	TM60	5	0:30:42 (62)	3:30	1:17:45 (94)	2:27	0:54:28 (76)	2:48:50
82	19	Frederic Brozy		TM35	12	0:35:27 (99)	2:51	1:17:59 (96)	1:14	0:51:45 (55)	2:49:14
83	40	Maik Faßbender	ASV Süchteln	TM45	15	0:29:58 (51)	4:21	1:17:04 (91)	2:26	0:55:33 (81)	2:49:21



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84	158	Christian Schlappa	Triminators TV Voerde	TM40	10	0:33:26 (87)	3:29	1:17:30 (92)	1:43	0:53:31 (69)	2:49:38
85	41	Henning Feddeck	WSV Schermbeck	TM35	13	0:31:52 (67)	5:24	1:16:09 (86)	3:29	0:52:51 (65)	2:49:45
86	207	Alexander Wegner	Allround Triathlon Team Kleve	TM50	13	0:37:04 (106)	4:55	1:06:24 (16)	2:45	0:58:58 (91)	2:50:06
87	22	Sven Busch		TM30	15	0:32:08 (72)	3:36	1:18:30 (97)	2:24	0:53:52 (71)	2:50:30
88	120	Dominik Loskamp	Team Erdinger alkoholfrei	TM40	11	0:33:04 (83)	3:55	1:09:41 (45)	2:48	1:01:14 (96)	2:50:40
89	115	Dennis Learbuch		TM35	14	0:36:53 (105)	4:35	1:22:41 (109)	2:11	0:45:18 (24)	2:51:38
90	33	Stijn Drenthe		TM40	12	0:33:48 (89)	4:43	1:17:52 (95)	2:32	0:53:30 (68)	2:52:25
91	29	Timm Fanselow	LT Bittermark Dortmund	TM30	16	0:32:30 (74)	4:05	1:10:42 (50)	2:16	1:02:59 (104)	2:52:31
92	105	Oliver Kral	AS Neukirchen Vluyn	TM30	17	0:40:29 (111)	4:34	1:12:11 (61)	2:08	0:55:10 (79)	2:54:32
93	169	Holger Schütze	Reeser SC Triathlon	TM60	6	0:31:22 (64)	3:25	1:16:15 (87)	1:43	1:02:04 (100)	2:54:49
94	27	Michael Dempzin	Bocholter WSV	TM40	13	0:28:30 (36)	3:36	1:21:17 (103)	2:51	1:02:13 (101)	2:58:25
95	148	Wolfgang Richmann	Ute Mückel Triathlon Team	TM70	1	0:30:47 (63)	5:10	1:21:26 (104)	3:07	0:58:08 (89)	2:58:38
96	4	Jonas Berreiter	HSP Münster Triathlon	TM20	4	0:37:57 (108)	4:16	1:18:39 (99)	2:17	0:57:09 (86)	3:00:18
97	26	Frank Deckers	Allround Triathlon Team Kleve	TM50	14	0:34:33 (96)	4:33	1:15:06 (79)	2:24	1:04:18 (106)	3:00:54
98	57	Kai Gewehr	SV Gladbeck 13	TM55	8	0:34:15 (94)	4:40	1:17:39 (93)	3:06	1:01:41 (98)	3:01:21
99	198	Markus Ubbenhorst	Juventus Büngern	TM50	15	0:43:29 (118)	4:00	1:20:32 (102)	3:21	0:52:24 (62)	3:03:47
100	144	Jan Pospiech	SV Gladbeck 13	TM30	18	0:37:24 (107)	4:03	1:15:20 (82)	2:24	1:05:07 (108)	3:04:18
101	121	Stephan Lukas		TM35	15	0:36:16 (104)	5:12	1:18:38 (98)	2:47	1:02:45 (103)	3:05:37
102	152	Henrik Säger		TM30	19	0:38:12 (109)	3:52	1:24:10 (111)	2:02	0:57:21 (87)	3:05:37
103	178	Jakob Skourpa		TM35	16	0:40:32 (112)	5:07	1:16:18 (88)	2:27	1:02:31 (102)	3:06:56
104	16	Stefan Bräutigam		TM50	16	0:33:42 (88)	3:49	1:21:59 (106)	2:53	1:04:56 (107)	3:07:21
105	113	Andreas Laskowski	RWO-Endurance-Team	TM60	7	0:35:35 (100)	4:39	1:22:05 (107)	2:14	1:03:32 (105)	3:08:05
106	62	Bernd Grotholt		TM35	17	0:39:04 (110)		()		0:59:00 (92)	3:10:21
107	73	Jörg Henrich	Hamminkelter SV-Triathlon	TM45	16	0:29:32 (46)	3:46	1:11:56 (56)	2:23	1:24:30 (112)	3:12:07
108	171	Ramon Seefeld	TGÜ Gelsenkirchen Ückendorf	TM55	9	0:43:17 (117)	4:34	1:26:44 (112)	2:01	0:56:26 (84)	3:13:01
109	60	Marcus Götz		TM45	17	0:41:02 (113)	5:09	1:23:58 (110)	2:46	1:01:22 (97)	3:14:16
110	1	Christoph Aldering	aestimamus	TM55	10	0:41:23 (114)	4:50	1:19:03 (100)	2:38	1:09:53 (110)	3:17:47
111	197	Alexander Tröger		TM50	17	0:42:33 (116)	5:46	1:21:40 (105)	3:48	1:06:03 (109)	3:19:49



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112	87	Dustin Jäger		TM25	6	0:41:48 (115)	5:13	1:31:44 (113)	1:24	1:10:49 (111)	3:30:56

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	128	Michaela Melsa	TRC Essen 84	TW40	1	0:26:42 (5)	2:33	1:04:12 (1)	1:12	0:42:41 (3)	2:17:19
2	192	Simone Terheggen	Bocholter WSV	TW30	1	0:27:36 (7)	2:08	1:07:10 (3)	1:05	0:39:37 (1)	2:17:35
3	20	Cindy Brusse	TCTwente	TW45	1	0:23:32 (1)	2:19	1:09:09 (4)	1:41	0:43:07 (4)	2:19:48
4	139	Nicole Pál	SV Blau-Weiß Bochum	TW45	2	0:27:09 (6)	2:27	1:05:17 (2)	1:56	0:46:22 (10)	2:23:10
5	107	Lea Kronwald	RWO Endurance Team	TW25	1	()		1:10:10 (8)	1:21	0:45:45 (9)	2:23:27
6	167	Sabine Schön	SV Gladbeck 13	TW45	3	0:26:03 (3)	2:47	1:09:27 (6)	1:38	0:43:39 (5)	2:23:33
7	140	Carolin Peters	TV Goch	TW25	2	0:24:53 (2)	2:26	1:14:15 (16)	1:21	0:41:46 (2)	2:24:42
8	202	Antje van Gemmern	TRC Essen 84	TW35	1	0:29:54 (17)	3:12	1:11:55 (11)	1:56	0:44:01 (6)	2:30:58
9	24	Cora-Alea Colla	HSP Münster Triathlon	TW20	1	0:28:23 (11)	3:45	1:13:31 (15)	1:57	0:44:41 (7)	2:32:17
10	106	Jamina Krasemann		TW30	2	0:32:39 (28)	3:32	1:09:26 (5)	1:57	0:45:01 (8)	2:32:35
11	7	Nadine Bitzer	Tri Club Wuppertal	TW30	3	0:29:09 (14)	2:34	1:12:49 (13)	1:29	0:46:39 (11)	2:32:40
12	153	Ellen Scheer	Allround Triathlon Kleve	TW45	4	0:30:07 (19)	3:15	1:11:46 (10)	1:41	0:47:29 (13)	2:34:18
13	118	Yvonne Linßen	AS Neukirchen-Vluyn	TW40	2	0:32:01 (24)	3:38	1:09:42 (7)	1:51	0:48:43 (14)	2:35:54
14	74	Annika Hense	Tri Finish Münster	TW25	3	0:31:55 (23)	3:13	1:12:52 (14)	2:26	0:47:07 (12)	2:37:33
15	89	Claudia Jansen	Tri Ducks Dorsten	TW35	2	0:28:56 (13)	3:38	1:12:13 (12)	1:39	0:52:11 (20)	2:38:36
16	170	Nicola Schweikhart	LT Starlight Team Essen / LT Lukas	TW55	1	0:30:17 (21)	3:44	1:15:30 (21)	2:16	0:49:34 (18)	2:41:21
17	180	Jule Stang	TV Goch	TW25	4	0:28:21 (9)	3:05	1:15:20 (20)	2:03	0:53:34 (22)	2:42:22
18	85	Anna Illbruck	Allround Triathlon Team Kleve	TW30	4	0:33:04 (30)	2:36	1:16:33 (24)	1:32	0:49:34 (17)	2:43:20
19	138	Nadine Ostendorf	Bocholter WSV	TW40	3	0:29:32 (15)	3:33	1:14:42 (18)	1:51	0:56:26 (25)	2:46:03
20	55	Anja Gelbarth	LT Starlight Team Essen/ L T Luka	TW50	1	0:36:43 (37)	3:56	1:15:53 (22)	2:14	0:48:53 (16)	2:47:39
21	86	Ingrid van der Elst	Allround Triathlon Team Kleve	TW55	2	0:28:27 (12)	3:36	1:16:57 (25)	2:16	0:57:03 (31)	2:48:19



Bocholter Distanz

Männer / Frauen Wertung

Bocholt, 12. Juni 2022



Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
22	100	Jennifer Kontek	Turnbeutelvergesser	TW35	3	0:34:15 (33)	4:23	1:16:22 (23)	1:44	0:51:54 (19)	2:48:37
23	195	Marie Tinter	Tri Ducks Dorsten	TW20	2	0:28:23 (10)	3:39	1:21:22 (32)	1:40	0:54:21 (23)	2:49:25
24	163	Sabine Schmidt	Triangel Kempen	TW50	2	0:32:07 (26)	4:06	1:17:57 (27)	2:14	0:53:32 (21)	2:49:56
25	15	Hedwig Boßmann	Hamminkelter SV	TW65	1	0:32:56 (29)	5:28	1:15:03 (19)	3:16	0:56:32 (26)	2:53:15
26	65	Beate Hanssen	Allround triathlon team kleve	TW60	1	0:30:12 (20)	3:11	1:21:38 (34)	1:45	0:56:59 (29)	2:53:44
27	39	Anke Farber	Reeser SC Triathlon	TW25	5	0:26:15 (4)	4:50	1:23:27 (37)	2:01	0:57:51 (32)	2:54:23
28	110	Marielena Kusch	Tri Club Wuppertal	TW30	5	0:32:01 (25)	4:01	1:20:57 (30)	1:37	0:57:03 (30)	2:55:39
29	174	Lena Sielski		TW25	6	0:36:49 (38)	3:38	1:24:57 (40)	1:44	0:48:47 (15)	2:55:54
30	77	Birgit Hilgers	AS Neukirchen-Vluyn	TW50	3	0:32:14 (27)	3:46	1:21:08 (31)	2:28	0:56:34 (27)	2:56:10
31	188	Alice Tekamp	Reeser SC Triathlon	TW45	5	0:30:04 (18)	3:59	1:22:48 (35)	1:46	0:58:20 (33)	2:56:57
32	98	Hedda Könnecke	HSP Münster Triathlon	TW25	7	0:35:52 (35)	3:20	1:14:29 (17)	1:46	1:02:47 (36)	2:58:13
33	150	Marleen Robbemont	Allround Triathlon Team Kleve	TW55	3	0:36:24 (36)	3:17	1:21:36 (33)	1:53	0:55:16 (24)	2:58:26
34	47	Simone Franze	TSV Bocholt	TW40	4	0:27:49 (8)	3:04	1:26:36 (41)	2:03	1:01:15 (35)	3:00:47
35	127	Nina Meisters	Allround Triathlon Team Kleve	TW35	4	0:34:38 (34)	4:11	1:20:46 (29)	1:51	0:59:26 (34)	3:00:51
36	28	Birgit Deppe	TriTeam Ruhrpott Herne	TW55	4	0:33:15 (31)	3:21	1:20:35 (28)	2:39	1:05:23 (39)	3:05:13
37	157	Jasmin Schlaak	PSV Bonn Triathlon e.V.	TW55	5	0:41:13 (39)	5:52	1:23:18 (36)	3:04	0:56:56 (28)	3:10:23
38	177	Yvonne Simon	SV Gladbeck 13	TW55	6	0:30:47 (22)	3:53	1:28:58 (42)	2:41	1:05:01 (38)	3:11:19
39	182	Nicole Stehr	Kevelaerer SV 1890/1920 e.V.	TW50	4	0:43:34 (41)	4:57	1:23:35 (38)	2:51	1:03:30 (37)	3:18:27
40	38	Jenny Engels	Ute Mückel Triathlon e.V.	TW35	5	0:41:31 (40)	5:32	1:24:14 (39)	4:03	1:21:17 (40)	3:36:38